



Introduction to Effective Support

Getting to the Heart of What Matters



16 April 2026 | 9am – 4.30pm



CRU Office | Level 2, 43 Peel Street,
South Brisbane, 4101

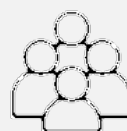


Description

Paid staff can make a significant contribution to the life of a person with disability – enabling the person to live a rich life and pursue their unique goals and dreams. What lies at the heart of the role is, however, frequently invisible. When we fall into the habit of talking about ‘hours’, tasks, routines and schedules, it’s easy to be distracted from what really matters about supporting people well. Topics covered in this workshop include:

- The purpose of support work
- Values, beliefs, assumptions
- Getting to know the person
- Valued roles
- Promoting friendships & relationships

“...Working together in partnership, with the right people... creates fertile ground for establishing a good life...”



Who Should Attend?

New or experienced support workers who are supporting a person to live a good life in community.



Tickets \$225* (workers).

Includes printed folder, lunch and refreshments throughout the day.

*If cost is a barrier contact cru@cru.org.au to discuss.



Registrations

Essential – Please
RSVP by 8 April.

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