# Connecting with Community:

## **Starting to talk about belonging**

### **Date and time symbol9.30am – 4pm** | Thurs 20 November

### Location symbolFrenchville Sports Club 105 Clifton Street, North Rockhampton

### *Information symbol* Description

**The need to belong is fundamental to all of us. We all want to feel like our presence is noticed and valued by others.**

Building belonging in community takes work. Experience tells us that there are real things we can do to make connections and to build belonging.

**This practical workshop will cover:**

* What it means to belong.
* Challenges and barriers to belonging that people with disability experience.
* Strategies and tips to discover what may be at our fingertips, including mapping our community to look for opportunities.
* Brainstorm ways to make a contribution and be strategic in making an approach to be part of something new.

Tickets

\*$50 people with disability and family members

$150 workers, friends & allies

\*This event is partly subsidised by the Commonwealth Government. [If cost is a barrier to attending, please contact CRU to discuss](mailto:cru@cru.org.au)

RSVP: Thurs 13 November

Registrations Essential

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For more details & tickets visit [www.cru.org.au/events/](http://www.cru.org.au/events/)

Please contact CRU if there is anything we can do to assist you to attend this event.