



Community
Resource
Unit Ltd.

Expanding Ideas; Creating Change

Face to face workshop



Steering Your Journey

Directing paid support to get the life you want.



10am – 4.30pm | Thursday 16 October



**CRU Office | Level 2, 43 Peel Street
SOUTH BRISBANE, 4101**



Description

Does having paid support really make your life better? Paid support has an important role in the lives of people with disability. However, if this support is not used well, it can get in the way of friendships, relationships and ordinary life.

This workshop shares ideas and approaches to give you the skills and confidence to make the most of the supports you have now and in the future.

The workshop explores:

- What do we mean by good paid or 'formal' support?
- Understanding your role and responsibilities.
- Taking a lead, so paid supporters are working towards the life you want.
- Problem solving and managing conflict in respectful and productive ways.
- Reviewing your formal supports and checking for resilience.



Tickets

*\$50 people with disability
and family members
\$150 workers, friends & allies

**This event is partly subsidised by the Commonwealth Dept of Social Services. If cost is a barrier to attending, please contact CRU to discuss*

RSVP: Thursday 9 October

Registrations Essential



For more details & tickets visit
www.cru.org.au/events/

Please contact CRU if there is anything we can do to assist you to attend this event.

Contact us: 07 3844 2211 cru@cru.org.au

