



Community  
Resource  
Unit Ltd.

Expanding Ideas; Creating Change

Face to Face workshop



# My Home, My Way

A workshop to assist people with disability to create and thrive in a home of their own



Tuesday 7th October 2025  
9:30am – 4:30pm



**Kedron-Wavell-** 21 Kittyhawk Drive  
Chermside



## Description

Home is a vital part of our lives. It provides us with security, privacy, comfort and control and also reflects our identity, and how we belong in our neighbourhood. For many people with intellectual disability and autism, home is designed by others with little control over decisions that others take for granted.

This online workshop explores individualised and innovative ways that people with a disability have created their own home, while getting the support they need.

Topics include:

- What does it really mean to have your own home and is it possible?
- Vision for home
- First steps when creating a home of your own
- Living in your own home and settling in
- Home options and creative supports
- Addressing barriers and fears
- Home as a part of community
- Setting up for long term safety and success



**Tickets:** \$50 people with disability & family members, \$75 Workers, friends & allies

*\*The cost of this event is partly subsidised by a Dept of Social Services Information, Linkages and Capacity Building grant. If cost is a barrier to attending, please contact CRU to discuss.*

**RSVP:** Monday 29 September

Registrations Essential



For more details & tickets visit

[www.cru.org.au/events/](http://www.cru.org.au/events/)



This workshop is brought to you by CRU as part of the My Home, My Way initiative by National Alliance of Capacity Building Organisations (NACBO).

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