

## Using your NDIS Plan & Funding at CRU

If a person has a NDIS package that they are Self Managing or Plan Managing, they may be able to use some of this funding for CRU services. This could include attending a CRU event, or meeting for individual consultancies. Many of CRU's services meet the criteria for reasonable and necessary NDIS supports and are not excluded from being NDIS supports.

CRU is not registered with the NDIS so people with Agency Managed plans are currently not eligible to use their NDIS funds with CRU. We continue to work to ensure that CRU's other services and activities remain open to all.

Some people find that their NDIS plans are written broadly and might not seem to match directly with the services that CRU provides. If this is the case in the person's plan, please work through the questions below. The questions will help to check if the person is using their NDIS funding appropriately when accessing CRU's services. If the person uses a Plan Manager, and the person isn't sure if their NDIS funds can be used for CRU's services, we encourage you to share this document with their Plan Manager. CRU is also happy to answer specific questions that a Plan Manager might have.

We can also help you to work through these questions to determine which funding categories are the most suitable. Please don't hesitate to call us if you're unsure.

**1. Is the support needed because of the disability (or disabilities) that made the person eligible for NDIS supports?**

Many CRU events and services are designed to resource all people with disability, their families and supporters. Other CRU events are more specific to particular needs or experiences. The intended audience for each event will be explained on the event registration page. Individual consultancies are tailored to a person's specific request and requirements.

**2. Will the support assist a participant to reach the goals and aspirations outlined in their participant statement?**

Check the learning objectives for the CRU event the person is interested in, to see if they align with the goals in their NDIS plan. Learning objectives are included on each event's registration page. (Please contact CRU for assistance if you are having trouble finding the learning objectives.)

**3. Will the support facilitate the participant's social and economic participation?**

Each CRU event will have a distinct purpose and all of our events are designed to support our mission to inspire, challenge and equip people to embrace ideas and take action so that people living with disability are active contributors to social and economic life. Individual consultancies are tailored to build capacity in areas that the person has identified in their goals.

**4. Does the support represent value for money, relative to benefits achieved and costs of alternative supports?**

CRU continues to offer subsidised rates for people with disability and family members to attend our events. These subsidised rates are also applicable for people who use funding to pay for their registration fees.

**5. Is the support considered good practice and likely to be beneficial to the participant?**

CRU's consultancies and workshops are informed by best practice frameworks for supporting people with disability to live good, ordinary lives in the community. For some people, capacity building supports will be essential to enable them to achieve these goals.

The Independent Advisory Council (IAC, 2015) recommended that targeted capacity building be strongly encouraged and supported through reasonable and necessary supports in individual NDIS plans. The IAC has identified approaches that are considered good practice, including one off seminars or workshops, mentoring, 'learning by doing' and building networks. CRU's capacity building services are aligned with these practices.

**6. Does the support take into account what is reasonable for parents, carers, informal networks and the community to provide?**

Information provided at CRU events is based on research and current best practice. The content is delivered by subject matter experts. Likewise, CRU's consultants offer a wealth of experience in building the capacity of people with disability and their families. We believe CRU events can offer something different to the support provided by family and friends.

**7. Is the support most appropriately funded through the National Disability Insurance Scheme?**

Yes, it is not the responsibility of any other government departments e.g. Health or Education to build the capacity of people with disability and family members.

CRU can assist people to work towards goals in their plan through:

- Building the capacity of people with disability and family members
- Training, workshops and information sessions
- Mentoring and consultations
- Skilled facilitation e.g. circles of support or planning meetings
- Resourcing people with information
- Developing and resourcing peer support networks
- Leadership development

The below Core and Capacity Building support items may be used to pay for CRU's services. The support items are broad, and CRU may not be able to provide *all* of the support that is described in each of the line items listed.

NDIS Support Item	NDIS Support Item Number
01_134_0117_8_1	Self-Management Capacity Building
09_006_0106_6_3	Life Transition Planning including Mentoring, Peer-Support and Individual Skill Development
09_009_0117_6_3	Skills Development and Training
10_021_0102_5_3	School Leaver Employment Supports
11_024_0117_7_3	Individual Social Skills Development
13_030_0102_4_3	Transition Through School and to Further Education
15_035_0106_1_3	Assistance with Decision Making, Daily Planning and Budgeting
15_038_0117_1_3	Training For Carers/Parents
15_045_0128_1_3	Community Engagement Assistance

**The information in this flyer is current as at November 2024.**

**To check this is the most up-to-date version see**

**CRU's website [www.cru.org.au](http://www.cru.org.au).**



**Community Resource Unit**

Level 2/43 Peel Street or PO Box 3722, South Brisbane QLD 4101  
Ph: 07 38442211 email: [cru@cru.org.au](mailto:cru@cru.org.au) ABN: 16 143 460 250 ACN: 617 860 009