# My Home, My Way

## **A two-part online workshop series Online Workshop**

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### *Information symbol*Location symbol**Date and time symbol**Tuesday 3rd - 10th June 2025**1:30pm – 4:30pm**Online WorkshopDescription

Home is a vital part of our lives. It provides us with security, privacy, comfort and control but it also reflects our identity, adulthood and how we belong in our neighbourhood. For many people with intellectual disability and autism, home is designed by others with little control over the decisions that others take for granted.

This online workshop explores individualised and innovative ways that people with a disability have created their own home, while getting the support they need. Topics include:

* What does it really mean to have your own home and is it possible?
* Vision for home
* First steps when creating a home of your own
* Living in your own home and settling in
* Home options and creative supports
* Addressing barriers and fears
* Home as a part of community
* Setting up for long term safety and success

Tickets: $50 people with disability and family members, $75 Workers, friends & allies

RSVP: Tuesday 27th May

Registrations Essential

For more details & tickets visit [www.cru.org.au](https://communityresourceunit.sharepoint.com/Programs/Program/Fee%20For%20Service/Admin/Archive/CRU%20Event%20Flyer%20Template/www.cru.org.au)/events/

*\*The cost of this event is partly subsidised by a Department of Social Services Information, Linkages and Capacity Building grant. If cost is a barrier to attending, please contact CRU to discuss.*

This workshop is brought to you by CRU as part of the My Home, My Way initiative by National Alliance of Capacity Building Organisations (NACBO).