



Disability Support Worker Training

Getting to the Heart of What Matters

ABOUT THE WORKSHOP

Paid staff can make a significant contribution to the life of a person with disability – enabling the person to live a rich life and pursue their unique goals and dreams. What lies at the heart of the role is, however, frequently invisible. When we fall into the habit of talking about ‘hours’, tasks, routines and schedules, it’s easy to be distracted from what really matters about supporting people well.

This interactive workshop focuses on the values that underpin and drive support, with an emphasis on valued roles and community belonging.

WHO IS THIS WORKSHOP FOR?

This training is for support workers who are directly assisting a person with disability to live a good life in community. If you or your organisation wants to register more than four workers, please contact CRU to discuss this.

Participants must attend both sessions and complete brief tasks prior to each session. This is a participatory and live workshop, and as such will not be recorded.

WORKSHOP TOPICS

- The purpose of support work
- Values, beliefs and assumptions
- Getting to know the person
- Valued roles
- Promoting friendships & relationships

Note: Content covered in this workshop is equivalent to Day 1 of our two-day face to face Getting to the Heart training. Day 2 content will next be offered in early 2025.



Please contact CRU if you require assistance to register, attend or participate in this event.

Online workshop 

9.30am-12.30pm (AEST)

Session 1: 10 DEC 2024
Session 2: 11 DEC 2024

\$150pp for 2 sessions

Workbooks will be posted.
Participants will need camera and mic access for full online participation.

Registrations must be completed by
Monday 2 December 2024.

For more details and tickets, please visit the Events page at www.cru.org.au/events

“[Support] requires a certain humility on the part of staff, letting go of control, a willingness to follow rather than lead.”