

## ***Self-Managing doesn't have to mean doing everything on your own***

Being able to manage your own NDIS funding can have many benefits, including greater flexibility to participate in and contribute to community life.

Whether you've been self-managing supports for years or are just starting out with your NDIS plan, there are many people with disabilities and families who are on the same journey you are.



Community  
Resource  
Unit Ltd.

*Expanding Ideas; Creating Change*

By connecting with others you can share your experiences and draw on the ideas and wisdom of others. Peer support is an informal support – a way to learn with and from others on a similar journey.

If you are interested in connecting with others around self-management, CRU may be able to help.

- CRU is exploring how we can link people in groups or networks.
- CRU will hold short workshops to help people build skills and connect with each other.

**Want to be *Confident, Connected and in Control*? Get in touch!**

Contact Catherine Laherty at [catherine.laherty@cru.org.au](mailto:catherine.laherty@cru.org.au) or 07 3844 2211

### **Community Resource Unit Ltd**

*CRU has a 30-year track record of working across Queensland to help people with a disability take control of their lives and take their place in their community.*

*"If you have an apple and I have an apple and we exchange these apples then you and I will still each have one apple.*

*But if you have an idea and I have an idea and we exchange these ideas, then each of us will have two ideas."*

**George Bernard Shaw**



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