

Responding Well to People with 'Challenging Behaviours'

With *Ann Greer*

Thursday 23rd May 2019 Sunshine Coast



www.cru.org.au

About the Workshop:

Participants will be encouraged to understand more about the situations in which people with 'challenging behaviour' find themselves and to explore how they can best respond to support the person.

Ann will cover ways to develop strategies *with* the person, so that, regardless of the level of their disability, they can better understand the motivations, effects and consequences of their behaviour. This workshop will involve information sharing, practical tips and strategies and learning through stories. It will not provide a recipe to 'fix' the person.

Who should attend?

This workshop will be of interest to anyone supporting a person labelled as challenging – whether as a parent, family member, friend, or in a work role.

About the presenter:



Topics Include:

- Defining and describing challenging behaviour
- Communication and its role in behaviour
- Consideration of what drives behaviour
- Understanding our part in the behaviour of others
- Developing a personal style which is not punishing

Ann Greer has over fifteen years' professional experience working with people whose behaviours are seen as challenging. As well as drawing on the teachings of Donnellan, LaVigna and Willis, most of her learning and understandings have come from her greatest teachers, people with disabilities themselves. Ann works with Community Connection Inc. in Townsville to develop creative options for people with disabilities and their families to understand what's possible in making a good life. Ann is the mother of three adults, two of whom live with disability.

Dates: Thursday 23rd May 2019

Time: 9.30am – 4.00pm
Registration from 9am

Venue: Venue 114
114 Sportsmans Parade, Bokarina
(formerly known as Lake Kawana Community Centre)

Cost: \$150 Full Fee
\$ 65 People with a disability and family members

RSVP: Wednesday 8th May

Register via CRU website:

www.cru.org.au/events

To view CRU's cancellation policy please visit this link –
<http://cru.org.au/about/policies/#cancellation>

“People communicate their everyday needs in many ways.

Do you ever have the feeling that a person labelled with challenging behaviours uses certain actions or behaviours to send you a message?

What is that message?”

*Thomas J. Willis &
Gary W. LaVigna*



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For self-managing and plan-managed NDIS participants, see the Learning Objectives on the event's page. You can decide if this is a reasonable and necessary support to help you (or your family member) achieve your goals.