

# Getting to the Heart of What Matters: The Role of a Support Worker

Wednesday 8<sup>th</sup> May 2019, Caboolture



[www.cru.org.au](http://www.cru.org.au)

## About the workshop

The role of a support worker is complex and multi-faceted. Paid staff can make a significant contribution to a person's life – enabling the person to live a rich life and pursue their own unique goals and dreams.

What lies at the heart of the role is, however, frequently invisible. When we fall into the habit of talking about “hours”, and tasks, routines and schedules, it's easy to be distracted from what really matters about supporting people well.

This full day workshop will be an opportunity for support workers to critically reflect upon the essential purpose of their role, the values that drive “support”, and the sorts of relationships which are core to supporting someone well, particularly in relation to valued roles and community belonging.



**Suellen Welch**

## About the Presenter

**Suellen Welch** works with CRU as a part time consultant.

Suellen has previously worked for several small community based organisations in Brisbane in team leader and key worker roles.

She has experience working as a support worker, supervising support workers, as well as engaging support workers to work with her son.

For self-managing and plan-managed **NDIS participants**, see the Learning Objectives on the [event's page of our website](#). You can decide if this is a reasonable and necessary support to help you (or your family member) achieve your goals.

### Topics covered will include:

- A good life
- Your role in a person's life
- Getting to know the person in order to assist them well
- Supporting belonging, contribution and relationships
- What gets in the way of good support?

*“[Support] requires a certain humility on the part of staff, letting go of control, a willingness to follow rather than lead.”*

Susan Stanfield

## Who should attend?

This training is for support workers who are directly assisting an individual with disability to live a good life in community. People self-managing may want to recommend this training to their support workers. If you or your organisation wants to register more than four workers at this workshop, we would appreciate you contacting CRU to discuss this.

**Date:** Wednesday 8<sup>th</sup> May 2019

**Time:** 9am – 4.30pm  
Register from 8.30am

**Venue:** Lagoon Creek Cafe  
1-11 Toovey Street  
Caboolture

**Cost:** \$100

**RSVP:** 22/04/2019

**Register via:**

<http://cru.org.au/events/>

To view CRU's cancellation policy please visit this link -

<http://cru.org.au/about/policies/#cancellation>



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