

Training for Leaders:

A two day course

Participants receive practical training in how to utilise the framework of the **Five Valued Accomplishments (John O'Brien)** to ensure they are clear on what constitutes good quality support and how their teams can support people with disability effectively.

For this group, this is coupled with a focus on how to lead, mentor and coach others to deliver quality support.

This training course is strengthened through the involvement of guest speakers with lived experience of disability.

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Who is the Workshop For?

A short course designed for team leaders, coordinators and managers of services that are striving to create ongoing positive change in the lives of the people with disability they serve.

Topics to be covered:

A vision for a good, ordinary life

Values, belief and assumptions that can help or hinder our support

Contrasting 'traditional' and 'contemporary' models of support

Focusing on relationships and belonging

Supporting people to be present in typical, everyday communities

Assisting people to be in Valued Roles

Developing skills and building capacity

Considering the complex nature of 'choice'

Understanding your role in a leading change for better lives for people with disability

Learning Objectives:

Day 1

- + Identify the elements of a good life and reflect on assumptions about people with disabilities' right to and the possibility of a good life.
- + Consider the impact of historical service responses to people with disability and contrast 'traditional' and 'contemporary' models of support.
- + Understand the barriers to providing quality disability services.
- + Develop an understanding of five fundamental principles of leadership and utilise these principles for thinking about the role of leading teams of direct support workers.

Day 2

- + Reflect on how to apply the framework of the Five Valued Accomplishments within personal work practices, as well as how to lead teams of direct support workers in this thinking.
- + Identify factors and strategies that make belonging in ordinary/typical community life more likely.
- + Understand Valued Social Roles and how the concept can be used to support people to have access to the good things of life.
- + Highlight the importance of relationships and apply methods of increasing the likelihood of relationships developing.

- + Consider practical strategies to build capacity and develop the skills of the people being supported.
- + Analyse the complex nature of choice and decision-making for people with disability.
- + Develop practical strategies for assisting people with disability to make their own choices.

Delivered by CRU Consultants

Our experienced disability consultants and presenters bring a wealth of experience in supporting people with disability and families in their efforts towards a good and ordinary life. The content of our workshops is brought to life through the sharing of examples and personal stories that illustrate how the ideas can be implemented.

Details

\$2800 + GST

Two 7.5 hours of training (including breaks), usually 9am – 4:30pm

Attendance at both days is essential. Can be delivered consecutively or separated by a break.

The price listed is the organisational rates for up to 25 participants.