Getting ready for the NDIS in Queensland?



Expanding Ideas; Creating Change

Over the last three years CRU was funded through the Queensland Government's Participant Readiness project to assist Queenslanders with disability and their families prepare for the National Disability Insurance Scheme (NDIS). CRU is no longer funded to run events about the NDIS as the agreement is that the National Disability Insurance Agency (NDIA) will now provide information to participants six months before the scheme begins in their area.

WHEN

The NDIS is being gradually rolled out in Queensland, with these remaining regions coming on board shortly:

• November 2017: Rockhampton, Gladstone and west to the borders.

• July 2018: Brisbane, Gold Coast, North Burnett and Fraser Coast, Cairns,

Cassowary Coast to the Torres Strait

• January 2019: Sunshine Coast, Noosa, Gympie, Moreton Bay

WHO TO CONTACT

- If the NDIS has started in your region, or if it starts within six months, you can contact the NDIA by calling **1800 800 110**.
- If you already receive funded supports the NDIA should contact you. However if you are concerned, you don't have to wait for the NDIA to get in touch first before contacting them.
- For children aged 0-6 years, access to the scheme will initially be through an NDIS Early Childhood Early Intervention (ECEI) Partner.

 VISIT: https://ndis.gov.au/ecei

FIND OUT More

• **NDIA events:** The NDIA is running information sessions. The NDIA currently has offices in: Bundaberg, Gladstone, Ipswich, Mackay, Mount Isa, Palm Island, Rockhampton, Toowoomba and Townsville.

VISIT: https://www.ndis.gov.au/news/events/qld

• **Queensland Government events:** Their NDIS Events Calendar includes events from a range of sources, including the NDIA.

VISIT: https://www.qld.gov.au/ndis

• Contact NDIS: 1800 800 110 or http://ndis.gov.au/about-us/contact-us

GET READY

- **NDIS website:** The NDIS website has information on the scheme and we encourage you to look at the planning conversation checklist.
- NDIS YouTube Channel: There are a range of videos, including stories of people using the scheme.

VISIT: youtube.com/user/disabilitycare

• **Bringing the Good Life to Life:** CRU's resource website has a wide range of resources designed to assist you in getting ready for and using your NDIS funding supports.

visit: thegoodlife.cru.org.au

As you prepare for the NDIS we recommend you:

Take Stock

Understand your current support and what is working or not working well

Dream Big

Have a clear vision of what a good life could look like for you

Think About

The role of family and friends, the ordinary and everyday support and opportunities available in your community and then the role of funded support from the NDIS

Take Charge

Think about how you want to manage your support and your funding - start to talk differently with your providers about the support you want from them

Stay Informed

Learn from the experience of others about what it takes to create and sustain a good life

Get Connected

Work out who can help you do the thinking and then start to write it down

In 2018 CRU will continue to offer information about the inclusion of people with disability in community. Although we will have much less capacity than in recent years, our work will continue through fee-paying workshops, publications and online resources.

See our website for more information and please join our mailing list to find out more.

More events will be added to the calendar during the year. VISIT: http://cru.org.au/events



Bringing the Good Life to Life

thegoodlife.cru.org.au

CRU has developed many resources to help people with disability access the good things in life. Alongside the videos on our <u>YouTube Channel</u>, we have created a resource website called "<u>Bringing the Good Life to Life</u>" which will be useful as you plan for entering the NDIS.

This website contains a broad selection of articles, videos and ideas drawn from CRU's existing resources and over 20 short films. It also has lots of interesting content from around Australia and the world.

The content is useful for people with disability, their families, friends and the people who support them – both paid and unpaid.

The eight pages cover:

- The Good Life
- Getting Started
- Including Others
- The Role of the NDIS
- Funded Services and Supports
- Blocks and Barriers
- Keeping Going
- The Bigger Picture