

Have you thought about approaching CRU for assistance as you work towards the good things in life? Through individual consultations or ongoing mentoring arrangements, people with NDIS plans are successfully using their 'Core' and 'Capacity Building' funding to meet with CRU consultants to develop skills and confidence around self-directing and to plan for the future. CRU staff can also help by facilitating Circles of Support; or running specialised staff training.

You can use your NDIS plan to pay for yourself, support workers and family members to attend CRU workshops and training. We are also open to working with you as you pool resources in your community or peer support group to jointly fund a CRU event in your local area.

How can I pay?

If you are self or plan managing, you can access CRU's services where these activities meet the criteria for reasonable and necessary NDIS supports. If you use a Plan Manager it is possible to engage CRU by either paying for supports and then being reimbursed (by giving the receipt and invoice to your plan manager). Alternatively, invoices we send you can be forwarded to your plan manager for payment. When booking for CRU events through the Eventbrite online booking system, an invoice will be automatically generated that you can save for administrative and auditing purposes. You will not need any further invoice from CRU.

We are not registered with the NDIS so our 'fee for service' offerings can't be funded through Agency Managed plans. CRU will continue to provide services that are funded and subsidised by Government. CRU continues to seek further funding to provide information to all people with disability who live in Queensland, regardless of whether they are eligible for NDIS support and regardless of how they manage their funding.

Is what I want to do eligible?

Some people and families find that NDIS plans are written quite broadly and may not seem to have a direct link with the services that CRU provides. If this is the case for you, we encourage you to use the points in this flyer to help you check if you are using your NDIS funding appropriately to access CRU's services. We can help you to work through these questions and determine which funding categories are the most suitable.

Please don't hesitate to call us on **3844 2211** or email us at cru@cru.org.au to discuss how we can work together.

1. Will the support assist a participant to reach the goals and aspirations outlined in their participant statement?

Check the learning objectives are aligned with the goals in the person's NDIS plan. The learning objectives for each CRU event are available on the CRU website to help you decide if it is aligned with your goals.

Self or Plan Managing?

CRU can assist people to work towards goals in their plan through:

- Coaching, mentoring and consultations that build the capacity of people with disability and family members
- Group training and workshops
- Developing and resourcing peer support networks
- Providing skilled facilitation, e.g. Circles of Support or planning meetings

2. Will the support facilitate the participant's social and economic participation?

Each CRU event has a distinct purpose and all our events are designed to support our mission to inspire, challenge and equip people to embrace ideas and take action so that people living with disability are active contributors to social and economic life. Individual consultancies are tailored to build capacity in areas that the person has identified in their goals.

3. Does the support represent value for money, relative to benefits achieved and costs of alternative supports?

CRU continues to offer subsidised rates for people with disability and family members to attend our events. These subsidised rates are applicable for people who use funding to pay for their registration fees. For longer term coaching and mentoring, CRU also offers discounted rates.

4. Is the support considered good practice and likely to be beneficial to the participant?

Yes, CRU's consultancies and workshops are informed by best practice frameworks for supporting people with disability to live good, ordinary lives in the community. For some people, capacity building supports will be essential to enable them to achieve these goals.

The Independent Advisory Council (IAC, 2015) recommended that targeted capacity building be strongly encouraged and supported through reasonable and necessary supports in individual NDIS plans. The IAC has identified approaches that are considered good practice, including one off seminars or workshops, mentoring and coaching, 'learning by doing' and building networks. CRU's capacity building services are aligned with these practices.

5. Does the support take into account what is reasonable for parents, carers, informal networks and the community to provide?

CRU's presenters and consultants offer a wealth of experience in building the capacity of people with disability and their families. We believe CRU events and consultations can offer something different but complementary, to the support provided by family and friends.

6. Is the support most appropriately funded through the National Disability Insurance Scheme?

It is not the responsibility of any other government departments e.g. Health or Education to build the capacity of people with disability and family members.

The below Core and Capacity Building support items may be used to pay for CRU's services. The support items are broad and CRU may not be able to provide *all* of the support that is described in each of the line items listed.

NDIS Support Item	NDIS Support Item Number
01_134_0117_8_1	Self-Management Capacity Building
08_005_0106_2_3	Assistance With Accommodation and Tenancy Obligations
09_006_0106_6_3	Life Transition Planning incl. Mentoring, Peer-Support & Individual Skill Development
09_007_0117_6_3	Skills Development in a Group
09_009_0117_6_3	Individual Skills Development and Training
10_021_0102_5_3	School Leaver Employment Supports
11_024_0117_7_3	Individual Social Skills Development
13_030_0102_4_3	Transition Through School and to Further Education
15_035_0106_1_3	Assistance with Decision Making, Daily Planning and Budgeting
15_038_0117_1_3	Training For Carers/Parents
15_045_0128_1_3	Community Engagement Assistance

The information in this flyer is current as at July 2019.

To check this is the most up-to-date version see

CRU's website www.cru.org.au.



Expanding Ideas; Creating Change

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