



Community  
Resource  
Unit Ltd.

Expanding Ideas; Creating Change

# Understanding Intellectual Disability

What you always needed to know  
**but** were mostly never told

Often we speak about focusing on the 'ordinary' and 'typical' ways and means to help people have access to the good things of life. However it's also necessary to understand how intellectual disability can affect people in very real ways.

Presented by John Armstrong, this workshop introduces many of the main impacts of intellectual impairment.

Participants will gain greater insight into the challenges that people face, and explore practical principles for supporting people to succeed and understand.

\* The cost of this event is partly subsidised for people with disability & family members by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.

## Brisbane Workshop

Wednesday 24 April,  
2024

9.00am - 4.30pm

**Venue:**

Brisbane Convention &  
Exhibition Centre  
Merivale Street,  
South Brisbane

**Cost:**

**\$50\*** person with  
disability & family  
members

**\$150** workers, friends &  
allies

**RSVP: Sunday 14 April,  
2024**

**Registrations essential**

For more details  
& tickets visit  
[www.cru.org.au](http://www.cru.org.au)

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## About the Workshop

Participants in this workshop will gain greater insight into the challenges that people face in their daily lives, as well as gaining an appreciation of how easily others misunderstand and mistreat people with an intellectual disability.

The workshop will equip participants in practical ways by offering four windows to look through as a way of understanding people's needs and how best to respond to meet those needs.



## About the Presenter

**John Armstrong** has been involved in the lives of people with a disability and their families for over 40 years. He has worked as a trainer and consultant across many settings with individuals, families and agencies throughout Australia & New Zealand, affording him a large scope of experience & learning. John is a Senior Social Role Valorisation Trainer as well as having extensive involvement with Citizen Advocacy. John has a particular interest in promoting people's welfare and reducing the potential for neglect and harm.

## Who Should Attend

This workshop is for people who are looking for practical ways to support people with an intellectual disability to succeed and be understood. This will include family members and workers at all levels.

## About CRU

Community Resource Unit has a 35-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

## Understanding Intellectual Disability: What you always needed to know **but** were mostly never told **BRISBANE WORKSHOP**

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**Venue:** Brisbane Convention & Exhibition Centre, South Brisbane

**Ticket Cost:** \$50 people with disability & family members, \$150 Workers, friends & allies  
For self-managing and plan-managed NDIS participants, see the Learning Objectives on the event's page. You can decide if this is a reasonable and necessary support to help you (or your family member) achieve their goals.

**RSVP** - Sunday 14 April, 2024

Register Online - [www.cru.org.au/events](http://www.cru.org.au/events)

