

# Supported Decision Making: Enabling Life Choices webinar

Everybody needs and seeks help to make decisions from time to time. Yet for many people with disability, the right to make choices about their own lives is denied to them, or not supported well.

Presented by Citizen Advocate and Decision Coach Jenny Smith and drawing on her decades of experience, this webinar is an introduction to the principles and processes of true supported decision making.

We all learn and grow through the decisions we make. Instead of making decisions for a person, ensuring they have the support and information they need to make decisions in everyday life, and the support to learn from their decisions helps people become wiser and better decision makers.

## About the Presenter

Jenny Smith was a founding member of Capricorn Citizen Advocacy in Rockhampton and is herself a Citizen Advocate. Jenny first began practising supported decision making as a key part of her extensive background in disability advocacy. For several decades, Jenny has worked with marginalised and vulnerable people in aged care, disability services, mental health and youth work. Until 2023, she worked for Queensland Advocacy for Inclusion as a Decision Support Advocate. Alongside her continuing advocacy, Jenny currently works as a decision coach.



Webinar

**Friday 21st June 2024**  
**10am - 12pm**

### Cost:

- \*\$35 for People with Disability & their family members
- \*\$75 for workers, friends & allies

This webinar will be recorded and will be available to view up to 14 days after the event.

### RSVP

**Wednesday 12 June 5pm**  
Registrations essential

For more info & to register  
[www.cru.org.au/events/](http://www.cru.org.au/events/)



- Please contact CRU if you require assistance to register, attend or participate in this event.
- The cost of this event is subsidised by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.
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