Responding Well to People with "Challenging Behaviour" and its Messages

This workshop will encourage participants to understand more about the situations in which people with 'challenging behaviour' find themselves and to explore how they can best respond to support the person.

Presenter Ann Greer will cover ways to develop strategies with the person, so that, regardless of the level of their disability, they can better understand the motivations, effects and consequences of their behaviour.

This workshop will involve information sharing, practical tips and strategies and learning through stories. It will not provide a recipe to 'fix' the person.
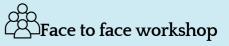
Topics will include:

- **Defining and describing 'challenging behaviour'**
- **Communication and its role in behaviour**
- **Understanding our part in the behaviour of others**
- **Practical tips for 'making a start'**

* The cost of this event is subsidised by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.

Interpreter

- Please contact CRU if you require assistance to register, attend or participate in this event.
- p. 07 3844 2211 or e. cru@cru.org.au

Face to face workshop

LONGREACH

Tuesday 19th March 2024

9.30AM - 4.00PM
Please arrive from 9am to sign-in

Venue:
Birdcage Hotel
33 Duck Street
LONGREACH

Cost:
$50 *
for people with disability and family members

$150*
Workers, friends and allies

RSVP:
Wednesday 6 March 2024
Registrations essential

For more details & tickets visit www.cru.org.au or scan the QR code

Responding Well
to people with "challenging behaviour" and its messages

About the Presenter

Ann Greer has over twenty years' professional experience working with people whose behaviours are seen as challenging.

As well as drawing on the teachings of Donnellan, LaVigna and Willis, most of her learning and understandings have come from her greatest teachers, people with disabilities themselves.

Ann works with people with disability and their families across Australia to develop creative options and understand what's possible in making a good life.

Ann is the mother of three adults, two of whom live with disability.

Who Should Attend

This workshop will be of interest to anyone supporting a person labelled as challenging – whether as a parent, family member, friend, or in a work role.

Meet with Ann and Catherine

Ann Greer & CRU Senior Resource Facilitator, Catherine Laherty, will be in the Longreach and Barcaldine regions from Monday 18th to Thursday 21st March. Would you like to meet up with us while we are in town? We are available for individual and small group conversations about good lives for people with disability.
-Talk to Ann after the workshop about how you can apply the ideas you've heard about.
-Talk with Catherine about your goals, safeguarding and planning for the future, advocating for your rights, or about the NDIS and self-managing your funding.
-Talk about something else that is important to you – let us know.

About CRU

Community Resource Unit has a 35-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

This event is subsidised by the Commonwealth Department of Social Services through an Information, Linkages and Capacity Building (ILC) grant.

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WHERE: Birdcage Hotel, 33 Duck Street, LONGREACH
COST: $50 for people with disability & family members
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More information or register at www.cru.org.au/events or scan the QR code