

### **WORKSHOP OVERVIEW**

### **COURSE OUTLINE**

This one day workshop will encourage participants to understand more about the situations in which people with 'challenging behaviour' find themselves and to explore how they can best respond to support the person.

You will explore ways to develop strategies with the person, so that, regardless of the level of their disability, they can better understand the motivations, effects and consequences of their behaviour.

This workshop will involve information sharing, practical tips and strategies and learning through stories. It will not provide a recipe to 'fix' the person.

### WHO IS THIS WORKSHOP FOR?

This workshop will be of interest to anyone supporting a person labelled as challenging – whether as a parent, family member, friend, or in a work role.

### **TOPICS COVERED**

- Defining and describing "challenging behaviour"
- Communication and its role in behaviour
- Understanding our part in the behaviour of others
- Practical tips for 'making a start'

### **DETAILS**

WORKSHOP BY REQUEST FOR ORGANISATIONS \$3000 + GST

- Up to 50 participants7.5 hours content + course materials
- catering, venue hire and content adaptation not included

## ON DEMAND WEBINARS

Coming soon
Please visit our website
for updates



Expanding Ideas; Creating Change

# RESPONDING WELL TO CHALLENGING BEHAVIOUR

### ABOUT THE PRESENTER

Ann Greer has over 20 years' professional experience working with people whose behaviours are seen as challenging. As well as drawing on the teachings of Donnellan, LaVigna and Willis, most of her learning and understandings have come from her greatest teachers, people with disabilities themselves.

Ann works with people with disability and their families across Australia to develop creative options and understand what's possible in making a good life. Ann is the mother of three adults, two of whom live with disability.



"The training was thought provoking and convincing. I feel like I (better) understand the meaning of behaviour and patterns."

FEEDBACK FROM A PARTICIPANT

#### ADDITIONAL INFORMATION

<u>Enquiries</u>: For more information, please call us or visit the "Fee for Service" page on the CRU website

<u>Learning Objectives</u>: Please refer back to our website for Learning Objectives for this workshop. They should assist NDIS participants and their supporters to determine if they relate to the participant's goals.

<u>Fees & Cancellation</u>: If price is a barrier then please contact us to discuss your options further. To see our cancellation policy please visit our website.

"I feel inspired to
do better and be
more proactive
instead of reactive
and that I can help
minimise the
behaviour without
ignoring the
person."

FEEDBACK FROM A
PARTICIPANT