RESPONDING WELL TO PEOPLE WITH "CHALLENGING BEHAVIOUR" AND ITS MESSAGES

Video 1: Understanding the Basics

Grounded in the developmental model, Ann teaches us to understand behaviour as a form of communication. Learn techniques for responding, without the need for consequences and punishments.

Video 2: Strategies for Responding Well

De-escalating and co-regulating behaviour by observing event settings, behavioural 'whispers' and triggers. Ann encourages neutral language, paying attention to non-verbal behaviour and avoiding making assumptions.

Video 3: When Behaviours are not Behavious at all

Behaviours can easily be misunderstood & underlying causes missed. OCD, anxiety, epilepsy, movement differences, gut health, pain and past experiences can impact on what might be viewed as 'challenging behaviour'. Learn about the importance of responding to the underlying causes.

Ann Greer

Responding Well to "Challenging Behaviour" and its Messages is brought to you by Community Resource Unit and Ann Greer.
Ann Greer, a parent from regional Queensland, is a behavioural support consultant who is passionate about ensuring people with disabilities get the best opportunities to live the good life. Her son is her greatest teacher.

Rod Mills, for many years, was put in the 'too hard basket' as he was exhibiting "challenging behaviours". In the **bonus video**, he shares insights about living with OCD and autism and how he's built a meaningful life no longer defined by these labels.

Rod Mills

Streaming Options	7 day rental	30 day rental
Single Video	$75	$150
All 3 videos (+ bonus QnA & Rod Mills video)	$150	$300

https://cru.org.au/fee-for-service/vod/

These on-demand videos provide practical insights & tools, so that people can be supported with compassion, collaboration & respect. They are a useful resource for families, friends & paid supporters & can also be used for training and development.