

# RESPONDING WELL TO CHALLENGING BEHAVIOURS

## WORKSHOP OVERVIEW

### COURSE OUTLINE

This one day workshop will encourage participants to understand more about the situations in which people with 'challenging behaviour' find themselves and to explore how they can best respond to support the person.

You will explore ways to develop strategies with the person, so that, regardless of the level of their disability, they can better understand the motivations, effects and consequences of their behaviour.

This workshop will involve information sharing, practical tips and strategies and learning through stories. It will not provide a recipe to 'fix' the person.

### WHO IS THIS WORKSHOP FOR?

This workshop will be of interest to anyone supporting a person labelled as challenging, and particularly for those in a work role. Family members and other supporters are welcome as well, so that everyone can learn together as a team.

### TOPICS COVERED

- Defining and describing "challenging behaviour"
- Communication and its role in behaviour
- Understanding our part in the behaviour of others
- Practical tips for 'making a start'

Learning Objectives: Please refer back to our website for Learning Objectives for this workshop.

If price is a barrier please contact us to discuss your options.

## DETAILS

**TUE 30 April 2024**

9:30am-4:30pm  
CHERMSIDE

**Kedron-Wavell  
Services Club  
21 Kittyhawk Drive  
Chermside QLD 4032**

**Tickets: \$150pp**

Lunch, refreshments and  
course materials included

Registrations must be  
completed by  
23 April 2024.

For more details and tickets,  
please visit  
[www.cru.org.au/events/](http://www.cru.org.au/events/)



Expanding Ideas; Creating Change

# RESPONDING WELL TO CHALLENGING BEHAVIOUR

## ABOUT THE PRESENTERS

Ann Greer has over 25 years' professional experience working with people whose behaviours are seen as challenging. As well as drawing on the teachings of Donnellan, LaVigna and Willis, most of her learning and understandings have come from her greatest teachers, people with disabilities themselves.

Ann works with people with disability and their families across Australia to develop creative options and understand what's possible in making a good life. Ann is the mother of three adults, two of whom live with disability.

**“The training was thought provoking and convincing. I feel like I (better) understand the meaning of behaviour and patterns.”**

Rodney Mills will also join us.

Rodney was for many years, put in the 'too hard basket' because he was exhibiting 'challenging behaviours' on an almost daily basis.

Rodney will share insights about living with autism and OCD and how he has gradually built a meaningful life where he is no longer defined by these labels and by 'behaviour'.

**“I feel inspired to do better and be more proactive instead of reactive and that I can help minimise the behaviour without ignoring the person.”**

**Feedback from a participant.**

