

MAKING THE MOST OF YOUR NDIS PLAN

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WORKSHOP SERIES

- 1. Implementing your NDIS plan**
- 2. Preparing for your NDIS review**
- 3. Starting to self-manage with confidence**
- 4. Self-managing for the life you want**

COURSE OUTLINE

"Making the most of your NDIS plan" is a series of practical and interactive online workshops. They have been designed for people with disability and their families with an NDIS plan. The series aims help turn NDIS goals into reality, by assisting people to get clear about their goals, put plans into action, think creatively about their supports and prepare for plan reviews.

The workshops also aim to provide an understanding of what it means to self-manage a NDIS plan, by exploring the benefits, connecting people with others who are on the same journey and helping people to become creative and confident as they self-manage their plan.

WHO ARE THE WORKSOPS FOR?

Workshops 1 & 2 are for people with disability and their families with an NDIS plan who would like support and practical ideas for turning their NDIS goals into reality.

Workshops 3 & 4 are for people with disability and their families who are self-managing their NDIS supports, or who are interested in moving to partly or fully self-managing.

DETAILS

\$45 PER WORKSHOP

Online workshops,
4 x 2.5 hours each

Can be attended
individually or as a
series of 4

CRU uses the video
meeting platform Zoom

You will need a
computer or device
with internet access,
speakers and
microphone to
participate



Expanding Ideas; Creating Change



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1. IMPLEMENTING YOUR NDIS PLAN

Understand your NDIS plan better, and gain strategies to help you get started to achieve your goals. Consider ways to design and sustain supports to ensure a “good fit” for you and your family. Look at ways to direct supports for a good life, including recruiting the right workers for the role.

3. STARTING TO SELF-MANAGE WITH CONFIDENCE

Are you just starting out with self-managing your NDIS plan, or wondering if self-management is for you? Join us for a short workshop that will de-mystify self-management, examine the benefits and challenges and give you some steps to help you to get started.

2. PREPARING FOR YOUR NDIS REVIEW

Learn about tools to prepare and plan for your upcoming NDIS annual review. You will have the chance to evaluate your current supports and think about the life you want and the goals and aspirations that are important to you into the future.

4. SELF-MANAGING FOR THE LIFE YOU WANT

Self-management is one way to take control of your life and your supports. This short, interactive workshop is about how to self-manage well: by being clear about your vision for the life you want, finding the right people for the job, and building a team of informal and formal supports.

ABOUT THE PRESENTERS

Our experienced disability consultants and presenters bring a wealth of experience in supporting people with disability and families in their efforts towards a good and ordinary life. The content of our workshops is brought to life through the sharing of examples and personal stories that illustrate how the ideas can be implemented.

ADDITIONAL INFORMATION

Enquiries: For more information, please call us or visit the "Fee for Service" page on the CRU website

Learning Objectives: Please refer back to our website for Learning Objectives for this workshop. They should assist NDIS participants and their supporters to determine if they relate to the participant's goals.

Fees & Cancellation: If price is a barrier then please contact us to discuss your options further. To see our cancellation policy please visit our website.

It was wonderful to have reinforcement that we do know what we are doing! We appreciated the opportunity to learn from others in the same situation"

FEEDBACK FROM A PARTICIPANT

