

A good life for each person with disability

An opportunity to meet with CRU in South West Qld in May!



Catherine Laherty and Sue Duncan-Kemp will be in Quilpie, Charleville and Roma between Monday 21st and Friday 24th May.

Join us in your region for a friendly and relaxed session on supporting a good life so people with disability can be included and supported to live the lives they want.

Some ideas for topics you could talk to us about include:

- Belonging & what makes life good for a person with disability
- Having a vision and making a plan for the life you want (not just for the NDIS!)
- A home of one's own
- Advocating - for yourself or for your family member
- Creative use of funding and self-management

Quilpie

Quilpie Council Administration Office
50 Brolga Street
Drop-in session 12.30pm to 2.30pm
Monday 20th May

Charleville

Charleville Neighbourhood Centre
Cnr Alfred & Eyre Streets
Drop-in session 10am to 12pm
Wednesday 22nd May

Roma

Starlight Motor Inn Conference Room
20B Bowen Street (Warrego Hwy)
Drop in session 10am to 12pm
Friday 24th May

Other times by arrangement.

If you would like to meet with us outside these times get in touch and we'll see what we can do!
Register your interest by selecting the location that is closest to you.

Who is Community Resource Unit Ltd (CRU)

CRU believes people with disability deserve access to the same life as everybody else. For over 35 years, CRU has been working across Queensland to help people with disability take control of their lives and take their place in their community. We have been funded as a Disabled People and Families Organisation by the Department of Social Services for these activities. There is no cost to attend or participate in these activities.



- Please contact CRU if you require assistance to register, attend or participate in this event or visit cru.org.au/events/
- phone 07 3844 2211 or email: Tracey.Foley@cru.org.au





Community
Resource
Unit Ltd.

Expanding Ideas; Creating Change

A good life for each person with disability

Catherine Laherty has worked with CRU since 2015, starting on a project assisting people and families to get ready for the NDIS. Catherine presents workshops on topics like using your NDIS plan well, advocacy, self-management, belonging and a 'good life' for people with disability. Catherine has facilitated networks of people who self-manage their support in Brisbane and Toowoomba.

She is interested in people with disability being valued and included in their local community, having the skills and confidence they need to be control of their life, and the development of natural supports (peer support, 'informal' support), for people with and without funding.

Sue Duncan-Kemp has over 30 years' experience in the disability sector working in roles within government and in the not-for-profit sector. Before semi-retiring, she worked in the provision of NDIS Early Childhood Early Intervention Services in South West Queensland.

Sue began her working life as a Speech and Language Pathologist and developed an ongoing interest in and from early beginnings working in large residential settings, developed an ongoing interest in what it takes to enable people with a disability of all ages to live an ordinary (and extraordinary), meaningful lives in the communities of their choice.



Connect with others and get ideas from what people are doing in other places.

Individual or small group conversations.

Would you like to talk in more depth about your own situation or goals?

We will also be available for individual conversations if there are things you would like to discuss one-on-one.

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A good life for each person with disability



An opportunity to meet with CRU in Central Highlands & Isaac in March!

Bronwyn Moloney and Sue Duncan-Kemp will be in Emerald, Clermont and Moranbah between Monday 18th and Friday 22nd March.

Join us for a full day workshop in Moranbah, meet us at a drop-in session or an individual conversation to talk about your own situation or goal with Bronwyn and Sue.

Some ideas for topics you could talk to us about include:

- Belonging & what makes life good for a person with disability
- Advocating for yourself or for your family member
- A home of one's own
- Creative use of funding
- Real and meaningful work

Emerald

Emerald Neighbourhood Centre
Garden Room
17 Yamala Street
Drop-in Session 10.30am to 11.30am
Tuesday 19th March

Moranbah

Moranbah Youth & Community Centre
Find Your Voice, Stand your Ground
Workshop 9.15 – 2.30pm
Drop-in session 3.30-4.30pm
Wednesday 20th March

Clermont

Clermont Civic Centre
Supper Room
23 Daintree Street
Drop in session 10.30-11.30am
Thursday 21st March

Other times & locations by arrangement.

If you live in the surrounding areas, including **Capella, Blackwater & Gemfields**, and you would like to meet with us somewhere more local to you, get in touch and we'll see what we can do! Register your interest by selecting the location that is closest to you.

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- Please contact CRU if you require assistance to register, attend or participate in this event or visit cru.org.au/events/
- phone 07 3844 2211 or email: Tracey.Foley@cru.org.au





A good life for each person with disability



An opportunity to meet with CRU in Moranbah in March!

Join Bronwyn Moloney and Sue Duncan-Kemp from CRU for a friendly and relaxed drop-in session and conversations on supporting a good life, so people with disability can be included and supported to live the lives they want.

Drop-in session on Wednesday 20 March, or let us know when works for you!

Hear about CRU, connect with others and maybe get ideas from what people are doing in other places. You might like to talk with Bronwyn and Sue about:

- Belonging & what makes life good for a person with disability
- Having a vision and making a plan for the life you want (not just for the NDIS!)
- A home of one's own
- Friendships & relationships
- Advocating for yourself or for your family member
- Safeguarding – keeping people safe without wrapping them in cotton wool.
- Creative use of NDIS funding & self-managing
- Using funded support well
- Real and meaningful work

Find out about the workshop for people with disability and families CRU is offering in partnership with Moranbah & District Support Service:

Drop-in Session Wednesday 20th March

3.30am to 4.30am

Moranbah Youth and Community Centre
2 Appleton Street

Other times & locations by arrangement.

If you live in the regions surrounding Moranbah, would like to meet with Bronwyn or Sue somewhere more local to you get in touch and we'll see what we can do!

Register your interest by selecting the location that is closest to you.

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A good life for each person with disability

An opportunity to meet with CRU in Longreach & Barcaldine

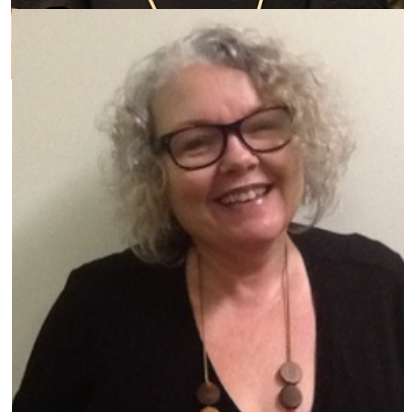
Community Resource Unit (CRU) is returning to the Central West!

Catherine Laherty and Ann Greer will be in Longreach and Barcaldine between Monday 18th and Thursday 21st March.

Join us for a full day workshop in Longreach or an individual conversation to talk about your own situation or goals with Catherine or Ann.

Some ideas for topics you could talk to us about include:

- Belonging & what makes life good for a person with disability
- Understanding & responding to 'challenging behaviour'
- A home of one's own
- Creative use of funding & self-managing
- Real and meaningful work



Longreach workshop: Responding Well to People with 'Challenging Behaviour' & its Messages

Birdcage Hotel - Registrations
essential, cost to attend.

Tues 19th March, 9.30-4pm

Barcaldine:

Now at Town Hall

71 Ash Street

Drop-in session 10.30am to 11.30am

Wednesday 20th March

Other times & locations by arrangement.

If would you like us to visit you in **Winton, Alpha, Blackall or surrounding towns**, get in touch and we'll see what we can do!

Register your interest by selecting the location that is closest to you.

Who is Community Resource Unit Ltd (CRU)

CRU believes people with disability deserve access to the same life as everybody else. For over 35 years, CRU has been working across Queensland to help people with disability take control of their lives and take their place in their community. Learn more www.cru.org.au/our-work/.

We have been funded as a Disabled People and Families Organisation by the Department of Social Services for these activities. If the cost of the workshop is a barrier to you, please contact CRU to discuss.



FOR MORE INFO OR TO BOOK

<https://events.humanitix.com/tours/meet-cru-cwq-2024>

or contact CRU on ph 07 3844 2211 or email Tracey.Foley@cru.org.au.

Please contact CRU if you need assistance to attend or participate in this event.



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CRU in Longreach & Barcaldine**

**Venue Change in
BARCALDINE!**

**Town Hall Supper Room
71 Ash Street
(due to air-conditioner fault)**

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