



Holding the Compass

Directing funded support to get the life you want

**Does having paid support really make your life better?
Are there things you would like to change?**

Paid support has an important role in the lives of people with disability. When this paid or 'formal' support is not done well or used well, it can become something that gets in the way of friendships, relationships and ordinary life.

Holding the Compass is a workshop that can help you navigate life with funded supports.

Join our workshop in Cairns this May to share ideas and approaches to give you the skills and confidence to make the most of the supports you have now and in the future.

The workshop explores:

- What do we mean by good paid or 'formal' support?
- Understanding your role and responsibilities in the quality support you want.
- Taking a lead, so paid supporters are working towards the life you want.
- Problem solving and managing conflict in respectful and productive ways.
- Reviewing your formal supports and checking for resilience.

Who Should Attend

This workshop is relevant to people with disability and family members who have paid supports, services or organisations in their life, regardless of how their funding is managed. Workers, friends and allies are also very welcome.

About CRU

Community Resource Unit has a 35-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

The cost of this event is subsidised by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.

Cairns Workshop

Wednesday 8th May

9.30AM - 4PM

Seville Mercy
Conference Centre
35 Bauhinia Ave,
EARLVILLE

RSVP: Wednesday 1 May

Cost

\$50* Person with disability
& family members

\$150* Workers

Registrations essential

For more details & tickets
visit www.cru.org.au/events



Please contact CRU if you require assistance to register, attend or participate in this event.
p. 07 3844 2211 or
[e. cru@cru.org.au](mailto:cru@cru.org.au)

