



Dr Lisa Bridle



Neil Barringham

How can we respond & nurture friendships & relationships?

Many people with disability would like to have friends, yet have few people other than family or paid people that they can really count on. We may believe that if friendships and relationships do not come easily or happen 'naturally' then they are not possible at all. Our two presenters will show that it is possible to assist people to make friends and to develop a broad personal network – and that everyone's lives are richer, safer and in some ways easier when we do.

So what does it take and what can we do to bring people and relationships into the life of a person with disability?

Webinar 1: The Grass is Greener Where You Water It

In this webinar, **Lisa Bridle** shares her experiences of how she started planning and building a social community around her son from the time he was young. Lisa explains the value of having an ambitious vision and how she seeks ordinary, valued experiences to build a web of relationships around Sean.

Webinar 2: How to Find People Who Will be There

In this webinar **Neil Barringham** tells several stories of facilitating relationships and friendships in the lives of people with disability who were particularly isolated. Neil will share a framework for finding allies and explain what workers can do in supporting the development of freely-given relationships.

About the Presenters

Lisa Bridle is a mother of 3 adult children and a social worker with a background in community development. She is Senior Consultant at CRU, leading CRU's Families for Inclusive Education project which assists families to pursue a positive vision for school inclusion and life. Since her son Sean was born, 27 years ago, she has been assisting Sean to lead an inclusive life embedded in his local community and surrounded by friendship and relationship.

Neil Barringham is a community worker who enjoys his rainforest back yard and neighbourhood. Neil has worked with others in his home and neighbourhood to facilitate inclusion and community supports. As an inclusion worker with "A Place to Belong", Neil worked with allies over many years to build community based supports and opportunities for participation with people who desire to belong. Neil has post graduate qualifications in community development and social work.

About CRU

Community Resource Unit has a 30-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

Webinar Series

Webinar 1

Monday 21st November

1:00 - 2.30pm

RSVP: 17/11/22

Webinar 2

Thursday 24th November

1:00 - 2.30pm

RSVP: 22/11/22

Cost for each webinar:

\$35* person with disability
& family members

\$75 workers

Cost includes live webinar
& 7 day access to the
recording.

Join us for one or both
webinars.

For more details & tickets
visit www.cru.org.au

* The cost of this event is
subsidised by a Department of
Social Services grant.
If cost is a barrier to attending,
please contact CRU to discuss.

**Please contact CRU if you
require assistance to register,
attend or participate in this
event.**

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