



Community
Resource
Unit Ltd.

Expanding Ideas; Creating Change

Understanding Intellectual Disability

What you always needed to know but were mostly never told

Often we speak about focusing on the 'ordinary' and 'typical' ways and means to help people have access to the good things of life. However it's also necessary to understand how intellectual disability can affect people in very real ways.

Presented by John Armstrong, this series of three interactive webinars introduces many of the main impacts of intellectual impairment. Participants will gain greater insight into the challenges that people face, and explore practical principles for supporting people to succeed and understand.

The webinars be presented live and the final webinar will include a live Q&A. Recordings will be made available to participants for a limited time.

* The cost of this event is partly subsidised for people with disability & family members by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.

Webinar Series

Part 1
Thurs 9th September 2021
10.30 am - 12.30 pm

Part 2
Mon 13th September 2021
10.30 am - 12.30 pm

Part 3 with Live Q&A
Wed 15th September 2021
10.30 am - 1.00 pm

Cost for series:
\$50* person with
disability & family
members
\$150 workers

RSVP: Wed 1st September

Registrations essential

For more details
& tickets visit
www.cru.orgau

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Part 1: Introduction & the impact of not understanding intellectual disability

In this session, John will provide an introduction to the series and discuss the impact of not understanding intellectual disability and its consequences for learning and support.

Part 2: Understanding intellectual disability

In this session, John will assist participants to understand intellectual disability. He will discuss some of the universal things that people with an intellectual disability tend to struggle with and how this knowledge can inform the way we provide support, putting people at their best advantage.

Part 3: Support & learning strategies and live Q&A

In session three, John will draw together the information from the previous two sessions and discuss how participants can create successful learning strategies and support. He will also discuss some unique strengths that people bring to relationships. This session will include a live Q&A with John.



About the Presenter

John Armstrong has been involved in the lives of people with a disability and their families for over 40 years. He has worked as a trainer and consultant across many settings with individuals, families and agencies throughout Australia & New Zealand, affording him a large scope of experience & learning. John is a Senior Social Role Valorisation Trainer as well as having extensive involvement with Citizen Advocacy. John has a particular interest in promoting people's welfare and reducing the potential for neglect and harm.

Who Should Attend

This webinar series is for people who are looking for practical ways to support people with an intellectual disability to succeed and be understood. This will include family members and workers at all levels.

About CRU

Community Resource Unit has a 30-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

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WEBINAR SERIES

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Register Online - www.cru.org.au/events

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