



Community
Resource
Unit Ltd.

Expanding Ideas; Creating Change

The Meaning of Advocacy

An Introduction to Principles and Strategies of Advocacy for People with Disability & Families

Unfortunately people with disability are not offered the same opportunities as others in our community and they regularly need to speak up, or have people speak up for them to get a fair go. Often, families must become advocates because their family member faces rejection, discrimination or low expectations.

This workshop will help people with disability and family members to “find their voice”, stand their ground, and become more effective in influencing what happens in their life, or for their family member.

“...what often lies beneath the complaints of advocates is the recognition of ‘better’, often well before ‘better’ is under general consideration by the mass of society.” Michael Kendrick

* The cost of this event is partly subsidised by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.

Brisbane

Friday 13th August 2021
9.30am - 2.45pm

CRU Office
Level 2/43 Peel St
South Brisbane

People with disability
& family members
Cost: \$50* per person

RSVP: Sun 1st August

Registrations essential

For more details
& tickets visit
www.cru.org.au

Numbers are limited
to maintain COVID
safety for participants
& CRU staff. See the online
event info for details

The Meaning of Advocacy

An Introduction to Principles & Strategies of Advocacy for People with Disability & Families



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This workshop, led by two family members with experience in formal and informal advocacy, will introduce participants to the principles and fundamentals of social advocacy. Topics will include advocacy strategies, pitfalls, how to deal with feelings of emotional vulnerability, and how to stay focused on your best interests, or those of your family member.

About the Presenters



Jeremy Ward is a parent whose eldest daughter lived with disability and required support to live in her own home, which she did successfully for over 10 years. Jeremy was instrumental in the establishment of Queensland Advocacy Inc, where he worked for over ten years as an advocate, lawyer and director. He has many years' experience in disability advocacy, in the law as it relates to people with disabilities, and in assisting families to plan for the future.



Catherine Laherty is a Senior Consultant at CRU. As one of Catherine's older brothers has a disability, she has developed a life-long commitment to the rights of people with disability. She has an interest in collective advocacy and activism and has previously worked in social change organisations that support and advance workers' rights and human rights.

Who Should Attend

This workshop is for **people with disability and family members**, as well as close friends and allies, who take up an unpaid advocacy role or would like to learn where to begin.

About CRU

Community Resource Unit has a 30-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

This event is partly subsidised by the Commonwealth Department of Social Services through an Information, Linkages and Capacity Building (ILC) grant.

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CRU Office, South Brisbane \$50 ticket (including lunch & tea/coffee)

RSVP: Sunday 1st August www.cru.org.au/events