

# Sharing your Experience with the DRC: Workshop with CRU and SUFY

**Would you like to make a submission to the Disability Royal Commission (DRC)  
but don't know how?**

**Think you should contribute your lived experience to the Disability Royal  
Commission but wonder if it's "big enough"?**

**Wondering what the Disability Royal Commission is really all about?  
Then this workshop is for you.**

The six Commissioners at the DRC want to hear your stories of violence, abuse, neglect and exploitation as someone who has a disability, or cares for someone with a disability. They're doing this with the aim of understanding the breadth of these experiences and enabling systemic change to the way people with disability are treated in this country.

And if you need help, there are advocates who can help you put your story together. The DRC has just been extended until September 2023 so there is time for you to have your voice heard.

Come and meet DRC advocates Nance Haxton and Linda McKee at one of these workshops to discuss how, and whether you should make a submission.

Nance and Linda work for advocacy group Speaking Up For You (SUFY) and their job is to inform people about the DRC and help people put together their submissions.

Submissions do not have to be super formal and academic. You can write a short paragraph or poem, or a 20,000 word document, or anything inbetween. Submissions do not even have to be written! You can record your story on your phone and send that in as a submission.

Come to the workshop to become informed about the scope of the DRC, all of the different ways you can tell your story to the Commission, and how to do so safely.

**Contact CRU  
3844 2211 or [cru@cru.org.au](mailto:cru@cru.org.au)  
for more information**

**To register, go to [www.cru.org.au/events](http://www.cru.org.au/events)**

Numbers are limited to maintain COVID safety for participants & staff.

## South Brisbane

2 sessions:  
Wednesday 21st July  
9am - 12noon  
(morning tea provided)

OR  
5.30pm - 8pm  
(a light dinner will be  
provided with the session  
commencing at 6pm)

Held at the CRU Office  
Level 2/43 Peel St  
South Brisbane

RSVP: Wed 16th July  
**No cost to attend**  
but registration  
is essential.