

Expanding Ideas; Creating Change

Responding Well to People with "Challenging Behaviour" and its Messages

This workshop will encourage participants to understand more about the situations in which people with 'challenging behaviour' find themselves and to explore how they can best respond to support the person.

Presenter Ann Greer will cover ways to develop strategies with the person, so that, regardless of the level of their disability, they can better understand the motivations, effects and consequences of their behaviour.

This workshop will involve information sharing, practical tips and strategies and learning through stories. It will not provide a recipe to 'fix' the person.

 The cost of this event is subsidised by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.

Sunshine Coast

Thurs 27th October 2022 9.30am - 4.00pm

Twin Waters Golf Club Clubhouse 151 Ocean Drive Twin Waters QLD 4564

Cost:

\$50* person with disability & family member \$150 workers, friends & allies

> Lunch & refreshments included

> > RSVP: 12 October 2022

Registrations essential

For more details & tickets visit www.cru.org.au

Responding Well to people with "challenging behaviour" and its messages

Community Resource Unit p. 07 3844 2211 e. cru@cru.org.au www.cru.org.au L2/43 Peel St or PO Box 3722, South Brisbane QLD 4101 ABN: 16143460250 ACN: 617860009



About the Presenters

Ann Greer has over 20 years' professional experience working with people whose behaviors are seen as challenging.

As well as drawing on the teachings of Donnellan, LaVigna and Willis, most of her learning and understandings have come from her greatest teachers, people with disabilities themselves. Ann works with people with disability and their families across Australia to develop creative options and understand what's possible in making a good life.

Ann is the mother of three adults, two of whom live with disability.

For many years **Rodney Mills** was put in the 'too hard basket' because he was exhibiting 'challenging behaviours' on an almost daily basis. Rodney will share insights about living with autism and OCD and how he has gradually built a meaningful life where he is no longer defined by these labels and by 'behaviour'.



Today Rodney is a teacher and trainer, has worked for 10 years in a paid job at the organisation that used to support him, and is now running his own business presenting to the community.

Topics will include:

- Defining and describing "challenging behaviour"
- Communication and its role in behaviour
- Understanding our part in the behaviour of others
- Practical tips for 'making a start'

Who Should Attend

This workshop will be of interest to anyone supporting a person labelled as challenging - whether as a parent, family member, friend, or in a work role.

About CRU

Community Resource Unit has a 30-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

For self-managing and plan-managed NDIS participants, see the Learning Objectives on the event's page. You can decide if this is a reasonable and necessary support to help you (or your family member) achieve their goals.

This event is subsidised by the Commonwealth Department of Social Services through an Information, Linkages and Capacity Building (ILC) grant. Please contact CRU if you require assistance to register, attend or participate in this event. p. 07 3844 2211 or e. cru@cru.org.au



Responding Well to people with "challenging behaviour" & its messages

Thursday 27th October

9.30am - 4pm (sign-in on the day from 9am for 9.30am start)
Twin Waters Colf Club, 151 Ocean Drive, Twin Waters QLD 4564
\$50 for people with disability & family members
\$150 for workers, friends & allies

RSVP: Wed 12th October

Register at: <u>www.cru.org.au/events</u>