My Home My Way:

A two-part online workshop series to assist people with disability to create and thrive in a home of their own.

Community Resource Unit Ltd.

NACBO

About the Workshop

Home is a vital part of our lives.

It not only provides us with security, privacy, comfort and control but it reflects our identity, our adulthood and our deep sense of who we are and how we connect and belong in our neighbourhood.

Yet for many people with intellectual disability and autism, home is designed by others with little control over the decisions that most people take for granted.

This workshop will explore individualised and innovative ways that people with a disability have created their own home, while getting the support they need.

Topics covered will include:

- What does it really mean to have your own home and is it possible?
- Creating and holding a personalised vision for home
- First steps to consider when creating a home of your own that's unique to you
- Living in your own home and settling in
- A range of home options and creative supports
- Addressing barriers, challenges and fears
- Home as a part of community and neighbourhood
- Setting up for long term safety and success, and
- Stories about people living in their own home with a range of supports

Online Workshop

Friday 11th March 2022 &
Friday 18th March 2022
10am - 1pm

Participants in this workshop will need to attend both sessions live as there will be no recording available

Cost:
People with disability & Family Members
$50 per person

Workers, Friends & Allies
$75 per person

RSVP:
Tuesday 8th March
Registrations essential



For more details and tickets visit www.cru.org.au

This workshop is brought to you by CRU as part of the My Home, My Way initiative by National Alliance of Capacity Building Organisations (NACBO).

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Who should attend

This online workshop will be relevant to people with developmental disabilities, their families and supporters. This is a live online workshop and participants should attend all sessions.

There will be a limited number of tickets available for workers and we encourage workers to attend alongside people or families you are supporting.

If you or your organisation wants to register more than three (3) workers, please contact CRU to discuss this.

Presenters

Jo Walters is a consultant with CRU and has 25 years' experience working alongside people with disability and their families. Jo was the coordinator of Living Distinctive Lives, a family governed group in Victoria which focused on supporting people with disability to live in a home of their own in their local communities.

Bronwyn Moloney started work in the late 70's at an institution which had just changed from a medical model to residential model. Since then, Bronwyn has been involved in creating different living options for people with disability. She has particularly worked with people leaving institutions, and families wanting something other than congregate care for their adult children with disability.

About CRU

Community Resource Unit has a 30 year track-record of working across Queensland to help people with disability take control of their lives and take their place in their community.

If cost is a barrier to attending, please contact CRU to discuss.

The cost of this event is partly subsidised by
a Department of Social Services Information, Linkages and Capacity Building grant.



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