

GETTING TO THE HEART OF WHAT MATTERS

An online workshop for support workers



WORKSHOP OVERVIEW

ABOUT THE WORKSHOP

Paid staff can make a significant contribution to the life of a person with disability – enabling the person to live a rich life and pursue their unique goals and dreams. What lies at the heart of the role is, however, frequently invisible. When we fall into the habit of talking about ‘hours’, tasks, routines and schedules, it’s easy to be distracted from what really matters about supporting people well.

This four-session, online, interactive workshop focuses on the values that underpin and drive support, with an emphasis on valued roles and community belonging. The workshop will also delve into some of the complexities of support work, including working collaboratively and developmentally, and supporting decision-making.

WHO IS THIS WORKSHOP FOR?

This training is for support workers who are directly assisting a person with disability to live a good life in community. If you or your organisation wants to register more than four workers, please contact CRU to discuss this.

Tickets: \$300pp for the complete 4-session workshop

IMPORTANT: Participants must attend all four sessions and complete brief tasks prior to/ between each session. This is a participatory and live online workshop, and as such will not be recorded.

DETAILS

TUESDAYS, 2PM - 5PM

Part 1: 3 OCT 2023

Part 2: 10 OCT 2023

Part 3: 17 OCT 2023

Part 4: 24 OCT 2023

ONLINE WORKSHOP

\$300pp for 4 sessions

Workbooks will be posted. Participants will need camera and mic access for full online participation.

Registrations must be completed by
Sunday 24 September 2023.

For more details and tickets, please visit the Events page at www.cru.org.au/events



**Community
Resource
Unit Ltd.**

Expanding Ideas; Creating Change



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WORKSHOP TOPICS

- The purpose of support work
- Values, beliefs and assumptions
- Getting to know the person
- Valued roles
- Promoting friendships & relationships
- Identifying places of welcome
- Connecting people to community
- Supporting people to make choices
- Developing skills & competencies
- Extending relationship & community building

WHAT DO I NEED FOR THE WORKSHOP

This is an interactive workshop! You will be asked questions and share your ideas with other people. You will need:

- a computer or tablet device • internet access • speakers or headphone and a microphone
- Somewhere a bit quiet where you can concentrate

We do not recommend you join this workshop on a phone.

ABOUT THE PRESENTERS

Our experienced disability consultants and presenters bring a wealth of experience in supporting people with disability and families in their efforts towards a good and ordinary life. The content of our workshops is brought to life through the sharing of examples and personal stories that illustrate how the ideas can be implemented.

ADDITIONAL INFORMATION

Enquiries: For more information, please call us or visit the "Fee for Service" page on the CRU website

Learning Objectives: Please refer to our website for Learning Objectives for this workshop. They should assist NDIS participants and their supporters to determine if they relate to the participant's goals.

Fees & Cancellation: If price is a barrier then please contact us to discuss your options further. To see our cancellation policy please visit our website.

**"[Support]
requires a
certain humility
on the part of
staff, letting go
of control, a
willingness to
follow rather
than lead."**

SUSAN STANFIELD

Please contact CRU if you
require assistance to register,
attend or participate in this event.



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