

Find Your Voice, Hold Your Ground

An introduction to the principles and strategies of advocacy for people with disability and their families

Unfortunately people with disability are not offered the same opportunities as others in our community and they regularly need to speak up, or have people to speak up for them to get a fair go. Often, families must become advocates because their family member faces rejection, discrimination or low expectations.

This workshop will help people with disability and family members to "find their voice", stand their ground, and become more effective in influencing what happens in their life, or for their family member.

*"...what often lies beneath the complaints
of advocates is the recognition of 'better',
often well before 'better' is under general
consideration by the mass of society."
Michael Kendrick*

This workshop, led by presenters with experience in advocating for and alongside people with disability, will introduce participants to the principles and fundamentals of social advocacy.

Topics covered will include advocacy strategies, pitfalls, how to deal with feelings of emotional vulnerability, and how to stay focused on your best interests, or those of your family member.

This workshop covers similar material to The Meaning of Advocacy workshop previously offered by CRU.



- Please contact CRU if you require assistance to register, attend or participate in this event.
- p. 07 3844 2211 or e. cru@cru.org.au



MACKAY

 Face to face workshop

**Tuesday 21st
November 2023**

9.30AM - 2.45PM

Please arrive from 9am to
sign-in

Cost: \$50 *

This event is for **people with disability** and **family members**, or close friends or allies who take up an **unpaid** advocacy role for an individual. It is not suitable for workers.

Venue:
Mackay Women's Centre
Alcorn Room
418 Shakespeare St
West Mackay

RSVP:
Thursday 9th November
Registrations essential

For more details & tickets visit
www.cru.org.au or scan the
QR code



* The cost of this event is subsidised by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.

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About the Presenters



Jenny Smith was a founding member of Capricorn Citizen Advocacy in Rockhampton and is herself a Citizen Advocate. Jenny is Capricorn Citizen Advocacy's delegate to the Queensland Independent Disability Advocacy Network. She is a former Director of Disability Advocacy Network Australia, and a former Deputy Chairperson of the Queensland Disability Advisory Council. She has recently worked for Queensland Advocacy for Inclusion as a Decision Support Advocate and an NDIS Appeals Advocate.



Catherine Laherty has worked at CRU for 8 years, where she is a Senior Consultant. As one of Catherine's older brothers has a disability, she has a life-long interest in and commitment to the rights of people with disability. She has a personal and professional interest in collective advocacy and efforts for change. Before coming to CRU Catherine worked at Amnesty International Australia and in the trade union movement on state and national campaigns for equal pay.

Who Should Attend

This workshop is for **people with disability** and **family members**, as well as close friends and allies, who take up an **unpaid** advocacy role, or would like to learn where to begin. It is not suitable for workers.

About CRU

Community Resource Unit has a 30-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

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