



Connecting with Community: Starting to talk about Belonging

There are a lot of reasons why people with disability may not be as connected with community as they would like to be. Yet the need to belong is fundamental to all of us. We all want to feel like our presence is noticed and valued by others.

Like most good things in life, building belonging takes work. It does not happen automatically, particularly for people with disability. But experience tells us that the effort and work is well worth it.

This workshop looks at what it means to belong, the challenges and barriers to belonging that people with disability can experience, and includes strategies to help us work towards meaningful inclusion in our community, be that in our neighbourhoods, at work, at school or our social and sporting clubs.

Online 2- Part Workshop

Part 1
Wednesday 22nd September 2021
10.00 am - 12.45 pm

Part 2
Friday 24th September 2021
10.00 am - 12.45 pm

This is a live online event which will not be recorded.

Cost:
\$50 *person with disability & family members
\$150 workers
Registration is for both parts

RSVP:
Wednesday 15th September

For more details & tickets visit www.cru.org.au

*The cost of this event is partially subsidised by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.

Connecting with Community: Starting to Talk about Belonging



Community Resource Unit
p. 07 3844 2211 e. cru@cru.org.au
www.cru.org.au
L2/43 Peel St or PO Box 3722,
South Brisbane QLD 4101
ABN: 16143460250 ACN: 617860009

About the Topic

Unless we have an understanding of how to connect with community and build belonging, and take actions to achieve it, belonging and connection beyond family and services will continue to escape us.

This interactive online workshop is broken into two parts. It includes opportunities for participants to discuss, engage, and share together in order to explore what it means to belong and where to start in working towards it.

**“We need to belong...
if the deepest truth about us is that we are
social creatures by nature, then it follows that social isolation
is unhealthy for us.”**

- Hugh Mackay

Who Should Attend

This workshop is for people with disability, their families, friends and supporters. It will be of interest to anyone who is interested in achieving real belonging and inclusion for themselves or someone they care about.

About CRU

Community Resource Unit has a 30-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

For self-managing and plan-managed NDIS participants, see the Learning Objectives on the event's page. You can decide if this is a reasonable and necessary support to help you (or your family member) achieve their goals.

This event is partially subsidised by the Commonwealth Department of Social Services through an Information, Linkages and Capacity Building (ILC) grant.

Connecting with Community: Starting to Talk about Belonging

Online Workshop in 2 parts

Part 1: Wednesday 22nd September 2021
10.00 am - 12.45 pm

Part 2: Friday 24th September 2021
10.00 am - 12.45 pm

RSVP: Wednesday 15th September 2021

Register at: www.cru.org.au/events