



# My Home My Way:

A workshop to assist people with disability to create and thrive in a home of their own.



## About the Workshop

Home is a vital part of our lives.

It not only provides us with security, privacy, comfort and control but it reflects our identity, our adulthood and our deep sense of who we are and how we connect and belong in our neighbourhood.

Yet for many people with intellectual disability and autism, home is designed by others with little control over the decisions that most people take for granted.

This workshop will explore individualised and innovative ways that people with a disability have created their own home, while getting the support they need.

## Topics covered will include:

- What does it really mean to have your own home and is it possible?
- Creating and holding a personalised vision for home,
- First steps to consider when creating a home of your own that's unique to you,
- Living in your own home and settling in,
- A range of home options and creative supports,
- Addressing barriers, challenges and fears,
- Home as a part of community and neighbourhood,
- Setting up for long term safety and success, and
- Stories about people living in their own home with a range of supports.

This workshop is brought to you by CRU as part of the My Home, My Way initiative by National Alliance of Capacity Building Organisations (NACBO).

## South Brisbane

**Tuesday 15th June 2021**  
**9.30am - 4.30pm**

### Brisbane Convention & Exhibition Centre

Cnr Merivale and  
Glenelg Streets  
South Bank, Brisbane

#### Cost:

People with disability  
& Family Members  
\$50 per person

Workers, Friends & Allies  
\$75 per person

**RSVP: Friday 4th June**  
**Registrations essential**

For more details  
& tickets visit  
[www.cru.org.au](http://www.cru.org.au)



Numbers are limited  
to maintain COVID  
safety for participants  
& CRU staff. See the online  
event info for details

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## Who should attend

This workshop will be relevant to people with developmental disabilities, their families and supporters as they think through how they might move into and thrive in a home they can call their own.

There will be a limited number of tickets available for workers.

## About CRU

Community Resource Unit has a 30- year track-record of working across Queensland to help people with disability take control of their lives and take their place in their community.

## Coming to a State near you!

### One day face to face workshop

Sydney: 1st September 2021 with Family Advocacy

Canberra: 15th September 2021 with Imagine More

Adelaide: Date TBC with Julia Farr, Purple Orange



### Two-part webinar series

Victorian and Tasmanian residents: 22nd & 29th June, 2021 with Belonging Matters

Western Australian & Northern Territory residents:

13th and 20th of October, 2021 with Valued Lives

If cost is a barrier to attending, please contact CRU to discuss.  
CRU has capacity to offer assistance with travel costs for regional attendees.  
Please email [danielle.mason@cru.org.au](mailto:danielle.mason@cru.org.au) to discuss your needs.

This workshop is brought to you by CRU as part of the  
My Home, My Way initiative by National Alliance of Capacity Building Organisations (NACBO).  
The cost of this event is partly subsidised by  
a Department of Social Services Information, Linkages and Capacity Building grant.

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Brisbane Convention & Exhibition Centre, South Bank, Brisbane

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