

Getting to the Heart of What Matters: The Role of a Support Worker

Friday 21st February 2020, Brisbane



www.cru.org.au

About the workshop

The role of a support worker is complex and multi-faceted. Paid staff can make a significant contribution to a person's life – enabling the person to live a rich life and pursue their own unique goals and dreams.

What lies at the heart of the role is, however, frequently invisible. When we fall into the habit of talking about “hours”, and tasks, routines and schedules, it's easy to be distracted from what really matters about supporting people well.

This full day workshop will be an opportunity for support workers to critically reflect upon the essential purpose of their role, the values that drive “support”, and the sorts of relationships which are core to supporting someone well, particularly in relation to valued roles and community belonging.

Topics covered will include:

- A good life
- Your role in a person's life
- Getting to know the person in order to assist them well
- Supporting belonging, contribution and relationships
- What gets in the way of good support?



Bridget Wickert

About the Presenter

Bridget Wickert has worked in educational and larger service settings as a teacher's' aide, direct support worker and a self-managed consultant as well as leading a small community development team.

Her interest and deep desire to work with people with disability to achieve their goals comes from a strong sense of social justice, commitment to inclusive practice and a belief in seeing difference as uniqueness.

For self-managing and plan-managed **NDIS participants**, see the Learning Objectives on the [event's page of our website](#). You can decide if this is a reasonable and necessary support to help you (or your family member) achieve your goals.

“[Support] requires a certain humility on the part of staff, letting go of control, a willingness to follow rather than lead.”

Susan Stanfield

Who should attend?

This training is for support workers who are directly assisting an individual with disability to live a good life in community. People self-managing may want to recommend this training to their support workers. If you or your organisation wants to register more than four workers at this workshop, we would appreciate you contacting CRU to discuss this.

Date: Friday 21st February, 2020

Time: 9.00am – 4.30pm
Register from 8.30am

Venue: CRU Office
Level 2/43 Peel St
South Brisbane

Cost: \$100

RSVP: Friday 14th February 2020

Register via:

<http://cru.org.au/events/>



Expanding Ideas; Creating Change

Level 2, 43 Peel Street
P.O. Box 3722
South Brisbane QLD 4101
Phone (07) 3844 2211
Email cru@cru.org.au
ABN: 16 143 460 250
ACN: 617 860 009

To view CRU's cancellation policy please visit this link - <http://cru.org.au/about/policies/#cancellation>