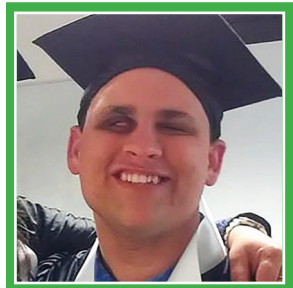


Catalogue of Services

CRU exists to promote positive change so that people with disabilities can belong to and participate in community life.



CRU Services

Using your NDIS Plan with CRU

Individual Consultancies

Tailored Workshops for Groups

Consultancies for Organisations

Courses

Membership

Pricing is for customers in Queensland and is current for 2019/2020 Financial Year.
Prices may be subject to change. Please contact CRU to discuss your training requirements.



Expanding Ideas; Creating Change

About CRU

CRU's vision is for full and meaningful lives for people living with disability.

Our mission is to inspire, challenge and equip people to embrace ideas and take action so that people living with disability are active contributors to social and economic life. Together with people living with disability, their families, service providers and the community we build a movement for change.

Based in Brisbane and working across Qld for the last 30 years, CRU has extensive local, national and international networks. Our reach is extended by a team of associates that work closely with our staff to deliver on our mission.

Our suite of ready-made workshops and courses have been designed to provide people with the ideas and practical strategies that are needed to create positive change and are suitable for people with disability, family members, and allies who work within the disability sector.

CRU also works with people with a disability and families at an individual level to support their efforts to pursue a meaningful life.

We can design tailor-made training packages to best match the needs of your team or organisation, including for people who are self-managing their own support. Speak to us about your options for personalising our training packages or purpose-building training to suit your unique needs.

Please note: CRU will continue to provide services that are funded and subsidised by Government. CRU continues to seek further funding to provide information to all people with disability who live in Queensland, regardless of whether they are eligible for NDIS support and regardless of how they manage their funding.

Using your NDIS Plan with CRU

The NDIS has now been rolled out in Queensland and people have been able to use their NDIS funding to work one-on-one with our consultants and to attend CRU events. As you set your goals and prepare for plan review, you might like to consider your need for ongoing capacity building and request this in your plan. For further information on our Individual Consultancy work, see page 5.

CRU events are open to all people, including people who are not eligible for NDIS support. If you are considering using NDIS funding to attend a CRU event, you may wish to check that the event's learning objectives are aligned with the goals in your plan. Learning objectives for each CRU event are now available on our website. If you are self or plan managed, you can access CRU's services where they meet the criteria for reasonable and necessary supports. CRU is not registered with the NDIS so our 'fee for service' offerings can't be funded through Agency managed plans. Please note that when booking CRU events through the Eventbrite online booking system, an invoice will be automatically generated that you can save for administrative and auditing purposes – you will not need any further invoice from CRU.

For more information see our flyer [Using your NDIS Plan & Funding at CRU](#), or contact the CRU office.



"I have read your notes and commend you for their thoroughness and sensitivity as well as for helpfulness...Many thanks for outlining where [my brother] should and might be going in the future. It is invaluable assistance."

Individual Consultancies

CRU's individual consultancies and ongoing coaching and mentoring arrangements offer an opportunity to work one-on-one with a skilled disability consultant. These conversations can be tailored according to your needs and can take place at the CRU office or somewhere convenient to you, such as your home. Our consultants offer a wealth of experience in building the capacity of people with disability and their families, and can help you to think about your needs, goals and the supports that may be useful to help you achieve a rich, meaningful and inclusive life.

Our experienced consultants understand disability issues and can help to provide fresh perspectives, make a plan of action, and develop skills and confidence around self-directing and self-managing. We do this to assist you and your supporters to become clear, confident and in control as you strive for the good things in life. A CRU consultant can also assist you to bring paid and unpaid supports together by organising and facilitating Circles of Support.

CRU offers one-off consultations and discounted rates for ongoing mentoring arrangements. We currently offer a Consultation Package that includes an initial phone conversation, a 2-hour face-to-face consultation, provision of notes (if required) and 1 follow up session (usually by phone). To find out more about our consultancy services, please see our flyer [Using your NDIS Plan & Funding at CRU](#), or contact the CRU office.



What others have said about training with CRU

"Very comprehensive and helpful seminar – a very positive experience."



"Thank you for such a wonderful course!

I really got a lot out of it and am excited to continue practising and learning. I'm sure I will see you again at future courses through CRU."



"Excellent workshop full of tools, wisdom and resources. Informative & succinct."

"I found the session extremely useful. It helped my client to focus and to think in the future.

They were very grateful about it."

"Brilliant presentation! Feeling so much more confident."



"Well done.

I would recommend this course to other people seeking to improve/consolidate their facilitation skills"



"I really enjoyed how the information was presented (in a "common sense" type of way)."

"I didn't think I would enjoy this as much as I have & I feel incredibly passionate about it! I am so excited to see where this may take me."



"While presenters say this course is introductory, it sets a very high benchmark. I got heaps out of it."

Tailored Workshops for Groups

The prices listed are the organisational rates for up to 25 participants. If you are interested in any of these workshops or courses but are not part of a group or organisation, please contact us to discuss your needs.

Welcoming People Well: Disability Awareness Training

Available in half day or full day options, these workshops are suitable for community groups, organisations in the private sector, government departments and all groups interested in supporting the full inclusion of people with disability in community and civic life.

The workshop is designed as a short introduction to the fundamentals of social inclusion. By focusing on people's strengths and our commonalities, we will assist you to build the capacity of your group, club, team or organisation to be welcoming and inclusive of all people.


Half Day package \$900.00
One Day package \$1600.00

Training for Support Workers: Getting to the Heart of What Matters

This one or two day workshop is an opportunity for support workers to critically reflect upon the essential purpose of their role, the values that drive 'support', and the sorts of relationships which are core to supporting someone well, particularly in relation to valued roles and community belonging.

This workshop provides participants with frameworks that help to deepen their understanding of how they can contribute to a better life for the person they support.

One Day package \$1600.00



"The event was very good ... the day was full of rich discussion and ideas of how to improve our support. I was very happy with the workshop."

Consultancies for Organisations

Through our consultancy services we engage with people and organisations on questions of values and vision, and provide analysis to assist disability-related organisations to shape and deliver helpful and relevant services, products and communications.

Supporting Organisational Change & Service Design

CRU can support services to adapt to new models of support under the NDIS and beyond, provide evaluations or reviews, or assist organisations through helpful conversations with our skilled consultants.

CRU can equip organisations through the delivery of tailored training and staff development. From investment in key personnel to large-scale training, CRU is equipped to design specific programs to influence the change process.

Resource Development & Website Consultancies

We specialise in creating values-based educative resources designed to inspire and resource change. A key part of this is ensuring that the content and messaging is relevant, inclusive and accessible.

Combining technical skills with extensive knowledge of contemporary disability practice, CRU is uniquely placed to assist you to create print publications, videos, organisational materials and websites that are for, or about people with disability.



"I have begun diving into your Good Life website and have to say that it has changed the quality of our lives from the first exposure I had to it - heart felt thank you to CRU for putting together such an incredibly powerful and in-depth resource."

"UnitingCare had services that needed a significant re-design and a staff team in need of clarity about their role in people's lives.

We decided we would re-train the 700 staff who worked for us. CRU was fantastic at helping us design the face-to-face component that would complement our learning and development framework.

CRU were professional, approachable and flexible - they took time to listen to us carefully."

Graham Hambleton

Manager of the Disability Leadership Unit , UnitingCare Queensland



Courses

Introduction to Facilitation Course

CRU's Facilitation Course is designed to develop the skills and confidence needed to facilitate groups that support and benefit people with disabilities.

Run over three workdays, this course spans two months and provides the opportunity for participants to implement what they have learnt in an action learning framework.

Comprehensive teaching about foundational principles is provided to assist with facilitating groups of all types where skilled facilitation can assist people to achieve their goals.

Price on Application

"There are real skills in facilitation that can be learnt & practiced to produce positive outcomes for people with disability. It is worth doing".

Training for Leaders

A short course designed for team leaders, coordinators and managers. Participants receive practical training in how to utilise the framework of the Five Valued Accomplishments (John O'Brien) to ensure their teams are effectively supporting people with disability.

This is coupled with a focus on how to lead, mentor and coach others to deliver quality support and drive ongoing positive change in the lives of the people with disability they serve.

2 Day Leaders Course
Price on Application



Deep Quality through Optimal Individual Service Design (OISD)

Developed by internationally renowned disability consultant Dr Michael Kendrick, this comprehensive training program enhances quality in the design and delivery of individualised, person-centred services to people with disability.

The combination of theory with hands-on practicum work in small groups allows for deeper learning to be achieved when immersed in the 10-day course.

As this course length and depth also equates to higher costs, our capacity to offer this transformative course has often only been possible through partnerships with organisations.

Speak to us about partnering with CRU to ensure this highly regarded and in-depth course continues to equip leaders in the disability sector in Queensland.



"(The most valuable part of the course was) learning from real-life experiences and stories. Combined with theory/models about how different people with a disability experience the same community that I live in. Gaining an understanding that optimal doesn't mean expensive and being able to have the confidence to share my knowledge with others".

Price on Application

Membership



Are you a member of CRU? Membership application forms are available on our website. Members join CRU to get access to information, to feel a sense of belonging, and to give back and contribute to the work of CRU. Individual members have voting rights in the organisation.

Expanding Ideas; Creating Change

More Information

Detailed flyers are available for each product or service.

Contact CRU to arrange your training, or to discuss other services that we may be able to offer.

Cancellation & Termination Policy

CRU's general cancellation policy is available on our website.

A contract will be negotiated for tailored workshops and consultancies and this will include specific termination clauses.

Fee structure

If price is a barrier then please contact us to discuss your options further.



Expanding Ideas; Creating Change

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