# Responding Well to People with “Challenging Behaviour” and its Messages.

Community Resource Unit Ltd

## Sunshine Coast workshop: Thursday 27th October 2022 from 9.30AM to 4.00PM

### **Presenters:**

Ann Greer and Rodney Mills

### **Cost:**

$50 per ticket for People with Disability and Family members, $150 ticket for Workers, Friends and Allies

### **About the Workshop**

* This workshop will encourage participants to understand more about the situations in which people with ‘challenging behaviour’ find themselves and to explore how they can best respond to support the person.
* Presenter Ann Greer will cover ways to develop strategies with the person, so that, regardless of the level of their disability, they can better understand the motivations, effects and consequences of their behaviour.
* This workshop will involve information sharing, practical tips and strategies and learning through stories. It will not provide a recipe to ‘fix’ the person.

### **This workshop covers**

* Defining and describing challenging behaviour
* Communication and its role in behaviour
* Understanding our part in the behaviour of others
* Practical steps for ‘making a start’

### **About the Presenters**

* Ann Greer: Ann Greer has over twenty years’ professional experience working with people whose behaviours are seen as challenging.
* As well as drawing on the teachings of Donnellan, LaVigna and Willis, most of her learning and understandings have come from her greatest teachers, people with disabilities themselves.
* Ann works with people with disability and their families across Australia to develop creative options and understand what’s possible in making a good life.
* Ann is the mother of three adults, two of whom live with disability.
* Rodney Mills: For many years Rodney Mills was put in the ‘too hard basket’ because he was exhibiting ‘challenging behaviours’ on an almost daily basis. Rodney will share insights about living with autism and OCD and how he has gradually built a meaningful life where he is no longer defined by these labels and by ‘behaviour’.
* Today Rodney is a teacher and trainer, has worked for 10 years in a paid job at the organisation that used to support him, and is now running his own
* business presenting to the community

### **Who Should Attend**

* This workshop will be of interest to anyone supporting a person labelled as challenging – whether as a parent, family member, friend, or in a work role.

## Event Details

### **Date and Time**

* Thursday 27th October 2022
* The workshop runs from 9:30AM to 4.00PM, but please arrive from 9AM to sign-in

### **Venue details**

* Twin Waters Golf Club - Clubhouse, 151 Ocean Drive, Twin Waters QLD 4564

### **Cost**

* $50 per ticket for people with a disability and family members
* $150 per ticket for workers, friends, and allies
* The cost to attend includes lunch and light refreshments throughout the day
* This event is partly subsidised by the Commonwealth Department of Social Services through an Information, Linkages and Capacity Building (ILC) grant. If cost is a barrier to attending, please contact CRU to discuss.

For self-managing and plan-managed NDIS participants, see the Learning Objectives on the event's page. You can decide if this is a reasonable and necessary support to help you (or your family member) achieve their goals.

### **Tickets**

Please register and book your tickets through the following link:

<https://events.humanitix.com/sunshine-coast-responding-well-271022>

### **RSVP**

* Registrations close on 12th October 2022

### **Cancellations**

* CRU's cancellation policy is on our website. Please use the following link: <http://cru.org.au/about/policies/#cancellation>

## About Community Resource Unit Ltd.

* CRU has a 30 year track record of working across Queensland to help people with a disability take control of their lives and take their place in their community.

### **Contact Community Resource Unit Ltd.**

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