# Responding Well to People with “Challenging Behaviour” and its Messages.

Community Resource Unit Ltd

## Longreach workshop: Tuesday 19th March, 2024 from 9.30AM to 4.00PM

### **Presenters:**

Ann Greer

### **Cost:**

* $50 for people with disability and family members
* $150 for workers, friends and allies

### **About the Workshop**

* This workshop will encourage participants to understand more about the situations in which people with ‘challenging behaviour’ find themselves and to explore how they can best respond to support the person.
* Presenter Ann Greer will cover ways to develop strategies with the person, so that, regardless of the level of their disability, they can better understand the motivations, effects and consequences of their behaviour.
* This workshop will involve information sharing, practical tips and strategies and learning through stories. It will not provide a recipe to ‘fix’ the person.

### **This workshop covers**

* Defining and describing challenging behaviour
* Communication and its role in behaviour
* Understanding our part in the behaviour of others
* Practical steps for ‘making a start’

### **About the Presenters**

* Ann Greer: Ann Greer has over twenty years’ professional experience working with people whose behaviours are seen as challenging.
* As well as drawing on the teachings of Donnellan, LaVigna and Willis, most of her learning and understandings have come from her greatest teachers, people with disabilities themselves.
* Ann works with people with disability and their families across Australia to develop creative options and understand what’s possible in making a good life.
* Ann is the mother of three adults, two of whom live with disability.

### **Who Should Attend**

* This workshop will be of interest to anyone supporting a person labelled as challenging, whether as a parent, family member, friend, or in a work role.

## Event Details

### **Date and Time**

* Tuesday 19th March, 2024
* This workshop runs from 9:30AM to 4.00PM, but please arrive from 9AM to sign-in

### **Venue details**

* Birdcage Hotel, 33 Duck Street

LONGREACH Q 4730

### **Cost**

* $50 for people with disability and family members
* $150 for workers, friends and allies
* The cost to attend includes lunch and light refreshments throughout the day
* This event is partly subsidised by the Commonwealth Department of Social Services through an Information, Linkages and Capacity Building (ILC) grant. If cost is a barrier to attending, please contact CRU to discuss.

Ann Greer and CRU Senior Resource Facilitator, Catherine Laherty, will be in the Longreach and Barcaldine regions from Monday 18th to Thursday 21st March. Would you like to meet up with us while we are in town? We are available for individual and small group conversations about good lives for people with disability.

* Talk to Ann after the workshop about how you can apply the ideas you’ve heard about.
* Talk with Catherine about your goals, safeguarding and planning for the future, advocating for your rights, or about the NDIS and self-managing your funding.
* Talk about something else that is important to you – let us know.

### **Tickets**

Please register and book your tickets through the following link:

**<https://events.humanitix.com/responding-well-longreach>**

### **RSVP**

* Registrations close on Wednesday 6 March, 2024

### **Cancellations**

* CRU's cancellation policy is on our website. Please use the following link: <http://cru.org.au/about/policies/#cancellation>

## About Community Resource Unit Ltd.

* CRU has a 35-year track record of working across Queensland to help people with a disability take control of their lives and take their place in their community.

### **Contact Community Resource Unit Ltd.**

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