# Towards a Better Life:

## Exploring Social Role Valorisation with Regard to People who are Marginalised

## Thursday 30th April and Friday 1st May, 2020

## Mackay Event

## Community Resource Unit Ltd

* Presented by Jane Sherwin
* Cost: $100. The regular price to attend this 2 day workshop is $280. The cost to attend this workshop in 2020 is subsidised by CRU’s bridging funding.

## About the Workshop:

SRV helps to explain why people with disability are highly vulnerable to being excluded from everyday life.

While this rich framework explores how people are marginalised, importantly it also offers strategies to address these processes and increase the chances of people with disabilities to belong to, and contribute in our community.

In this interactive workshop the core themes and principles of SRV will be explored through presentations and discussion.

## About the Presenters:

Jane Sherwin is a QLD based consultant who has been involved in the lives of people with disabilities, families and older people since the late 1970’s. She is an Accredited Teacher of SRV, having been involved in its teaching, learning and application since the early 1990’s.

Jane is committed to working at a grassroots level towards arrangements whereby vulnerable people experience greater levels of control over their own support arrangements.

## Who Should Attend?

The messages of SRV apply to all people engaged in the lives of people with disabilities.

This workshop has been very useful to people with disabilities and their families and also support workers and others working in the sector.

On completing this course, you may be interested in deepening your understanding by attending the practicum PASSING, run by Values in Action Association Inc.

## Using Your NDIS Funding at CRU:

* For people who are self-managing or using a plan manager, it is possible to use NDIS funding at CRU.
* To help you work out if this event is a reasonable and necessary support that will help you (or your family member) achieve your goals, there are Learning Objectives below.
* For more information about using NDIS funding at CRU, see our website.
* As CRU is not a registered NDIS service provider at this stage, people who are Agency managed cannot use NDIS funding to pay fees for CRU events.

## Learning Objectives:

The objectives of the workshop are that each participant will:

1. note the patterns in our society that lead to some groups being devalued
2. identify negative life experiences that result from the dynamic of social devaluation
3. explore what is meant by ‘the good things of life’
4. understand the importance of ‘imagining better lives' in creating better lives
5. utilise the principle of ‘use culturally valued ways and means’ as a way of helping people have typical and valued lifestyles
6. appreciate the links between being in valued roles and people’s experiences of community life
7. understand the importance of role goals and role communicators
8. critique a range of visual examples to appreciate the impact of imagery
9. explore strategies that help people maintain and develop competencies

# Event and Venue Details

## Date and Time

* Thursday 30th April and Friday 1st May 2020.
* Please arrive to sign-in from 8.30AM for 9.00AM start.
* The workshop runs from 9:00AM to 5.00PM
* Sign in from 8.30AM.

## Venue details

* The venue is the Mackay Women’s Centre
* 418A Shakespeare Street, West Mackay QLD 4740.

## Cost

* $100
* Lunch and refreshments are included in the price – please include any dietary requirements at the time of purchasing your ticket.

**Purchase Tickets**

* Please register and book your tickets through the following link:

<https://towardsabetterlifemackay2020.eventbrite.com.au>

**RSVP**

* Registrations close on Tuesday 24th April 2020.

**Cancellations**

* CRU's cancellation policy is on our website. Please use the following link: <http://cru.org.au/about/policies/#cancellation>

**About Community Resource Unit Ltd.**

* CRU has a 30-year track record of working across Queensland to help people with a disability take control of their lives and take their place in their community.

**Contact Community Resource Unit Ltd.**

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