



## Towards a Better Life

### Exploring Social Role Valorisation with Regard to People who are Marginalised

Social Role Valorisation (SRV) helps to explain why people with disability are highly vulnerable to being excluded from everyday life.

This rich framework explores how people are marginalised, and also offers strategies to address these processes and increase the chances of people with disabilities to belong to, and contribute in our community.

In this interactive workshop the core themes and principles of SRV will be explored through presentations and discussion.

The material covered explains some of the common negative experiences of individuals and families, especially that of rejection. While this can be hard to hear, the workshop is full of ideas and strategies to make positive strides towards better lives.

*"I enjoyed the collaborative teaching. It highlighted the many options, many interpretations (not right/not wrong) and was a mini-demo of brainstorming and different perspectives!"*  
– previous workshop attendee

### Who Should Attend

This workshop is being offered as a leadership development opportunity for **people with disability and family members only**. It is designed for people who are prepared to be challenged in their thinking, and are serious about working towards better lives for people with disability.

For workers who are interested in this workshop, please see the Values in Action Association website for upcoming dates at <http://www.viaa.org.au/>.

### About CRU

Community Resource Unit has a 30-year track record of working across Queensland to help people with disability take control of their lives and take their place in their community.

If you are travelling from regional Queensland to attend and would like recommendations about accommodation, please get in touch.

\* The cost of this event is partly subsidised by a Department of Social Services grant. If cost is a barrier to attending, please contact CRU to discuss.

## South Brisbane 2 Day Workshop

### Day 1

**Mon 3rd June, 2024**

8.45am\* - 5.00pm

### Day 2

**Tues 4th June, 2024**

9.00am\* - 5.00 pm

*\*Please arrive 15 minutes before start time on both days to sign-in*

### Venue

Community Resource Unit  
Level 2, 43 Peel Street  
SOUTH BRISBANE

### Cost

**\$150\* per person**

This workshop is for people with disability and family members only

You must be available to attend both days

### RSVP

**21st May 2024**

Registrations essential

For more details & tickets visit [www.cru.org.au](http://www.cru.org.au)

# About the Presenters

## Lindie Brengman



Lindie has worked as an Occupational Therapist with children and adults and is currently a Senior Facilitator at CRU, working on the 'Families for Inclusive Education' project since it began in 2019. Through her own experience advocating for her daughter with disability, Lindie developed a passion for sharing the importance of an inclusive education, and was a founding member of the Queensland Collective for Inclusive Education. She has found SRV ideas extremely important in planning with her daughter. Lindie joined the SRV Educators Group and is working towards being an accredited SRV teacher so families and supporters of vulnerable people can continue to learn about SRV well into the future.

## Danielle Mason



Danielle was first exposed to SRV when working as a support worker for a small disability service in 2011 where she worked alongside people with significant disabilities living in a long-stay health facility. SRV has remained relevant and useful across a range of service settings and roles, as well as in her personal life. Danielle is now a Senior Facilitator at CRU, working with people with disability who want to live in a home of their own. She shares SRV ideas through workshops and mentoring, and uses SRV to guide the development of resources. Danielle is also President of the local SRV Group, Values in Action Association and is a member of the SRV Educator Group, working towards becoming an accredited SRV trainer.

## Jane Sherwin



Jane is delighted to support this workshop in a mentor role. She is a Senior Social Role Valorisation Trainer, having been involved in the teaching, learning and application of SRV since the early 1990s and is a past member of the Board of the Australian SRV Association (ASRVA). Jane has worked with families and services in the lives of people with disabilities and older people for many years, and through a range of roles.

Jane is well regarded for her teaching, writing and facilitation work. She has taught SRV through accredited SRV workshops, longer courses and in shorter events. Jane has mentored soon-to-be accredited Teachers of SRV for the past 2.5 years.

## Towards a Better Life

**WHEN:** Monday 3rd and Tuesday 4th June, 2024  
8.45am - 5pm (please arrive 15 minutes before start time on both days to sign-in)

**WHERE:** CRU Office, Level 2, 43 Peel Street, SOUTH BRISBANE 4101

**COST:** \$150 for people with disability & family members

**RSVP:** Tuesday 21st May, 2024

More information or register at [www.cru.org.au/events](http://www.cru.org.au/events)

