

Getting to the Heart of What Matters: The Role of a Support Worker

Monday 31 October 2016
Townsville



www.cru.org.au

About the workshop

The role of a support worker is complex and multi-faceted. Paid staff can make a significant contribution to a person's life – enabling the person to live a rich life and pursue their own unique goals and dreams.

What lies at the heart of the role is, however, frequently invisible. When we fall into the habit of talking about “hours”, and tasks, routines and schedules, it's easy to be distracted from what really matters about supporting people well.

This full day workshop will be an opportunity for support workers to critically reflect upon the essential purpose of their role, the values that drive “support”, and the sorts of relationships which are core to supporting someone well, particularly in relation to valued roles and community belonging.

“[Support] requires a certain humility on the part of staff, letting go of control, a willingness to follow rather than lead.” Susan Stanfield



About the Presenter

Suellen Welch works at CRU as a consultant. Her work focuses on promoting, strengthening and defending person centred and directed responses.

Suellen has previously worked for several small community based organisations in Brisbane in team leader and key worker roles.

She has experience working as a support worker, supervising support workers, as well as engaging support workers to work with her son.

Suellen believes in the importance of community and the need to work intentionally to build welcoming communities.

CRU's cancellation policy - <http://cru.org.au/about/policies/#cancellation>

Topics covered will include:

- The Role of a Support Worker
- Developmental models of support
- Principles for community belonging
- Supporting existing relationships
- Roles vs Activities
- From presence to contribution

Who should attend?

This training is for support workers who are directly assisting an individual with disability to live a good life in community. People self-directing and employing their own workers may want to recommend this training to their support workers.

Dates: Monday 31 October

Time: 9am – 4.00pm

Register from 8.30am

Venue: Townsville Sports House, 3–9 Redpath Street, North Ward

Cost: \$ 100

RSVP: Friday 21st October 2016

Register via CRU website:

[Click here to Register Now](#)



Community
Resource
Unit

Expanding Ideas; Creating Change

Community Resource Unit Inc
Level 2, 43 Peel Street
P.O. Box 3722
South Brisbane QLD 4101
Phone(07) 3844 2211
Email cru@cru.org.au

CRU will also be running an **Inclusive Education Workshop for parents** - **“Becoming a Better Advocate for your Child's Inclusion”** 9.30am – 12.30pm on the same day.

Contact CRU for more information regarding workshop.