

2016 Family Leadership Weekend

Moving from Vision to Action: Stories and Strategies to Build the Good Life

29-31 July
The Outlook, Boonah



www.cru.org.au

"Nobody offers you the good life on a plate, you need to go out and seek it" (Connie Young).

This weekend will help families be clearer on HOW to move boldly and strategically in the direction of their dreams. It will present ideas and examples to break down steps for planning a good life – whether the goal is inclusion in school, neighbourhood and community, building an adult life of home and work, or pursuing passions and contributions.

This weekend is for families who want to be more intentional about building a rich, included life for their family member.

Families will build on a vision and knowledge of their family member's gifts to work out how to:

- create valued roles,
- build networks of support
- make better judgments about priorities
- maintain hope and momentum.

A weekend to learn, dream, celebrate and connect

There will be:

- family stories and formal presentations on pursuing valued roles in community;
- presentations and discussion on translating a vision into actions that promote an included life
- time for reflection and discussion on what families can do to strengthen their vision and include others in their planning
- lots of time to meet other families, socialise and build stronger networks of support.

SPACES

LIMITED

Who should attend?

This event is a **live-in event** to maximise the opportunities for families to connect with the presenters and each other, and to feel renewed. ALL members of the family can attend, or an individual can register to attend on their own. Childcare or support by a worker will be available to cover times when adults attend workshop sessions.

Date: Friday 29-31 July 2016

Times: Arrive from 3PM Friday
First session 5PM
Finish 2PM Sunday

Venue: The Outlook
4001 Ipswich-Boonah Rd
Boonah

Cost: \$130 Parent/family member
\$200 per couple*

(Covers meals and accom.)

*Small additional cost for other family members

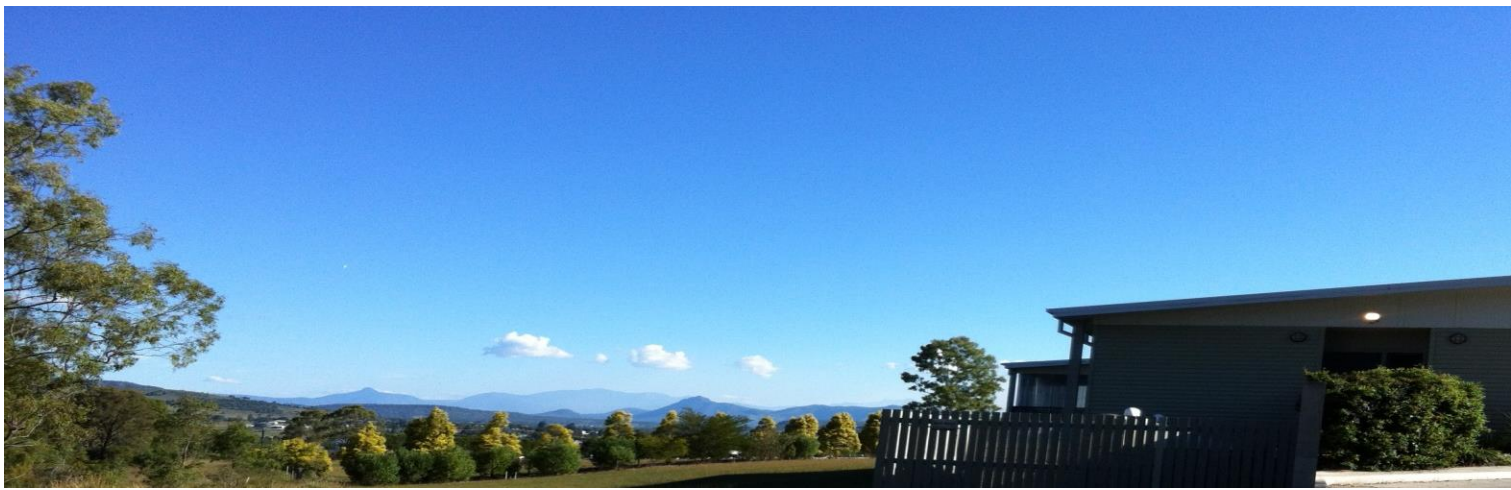
To RSVP, submit EOI by Friday 24 June 2016



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HOW WILL THE FAMILY LEADERSHIP WEEKEND RUN?

This event is a live-in event being held at “The Outlook”, Boonah. “The Outlook” is in a relaxed rural setting outside the township of Boonah. **All members of your family can attend, but you are welcome to attend as an individual or couple.** This is a great opportunity for working parents, parents of young children or where you want to learn but also spend time as a family.

As well as the workshop sessions, there will be music and art sessions for family members, and a bonfire on Saturday night.

A number of the invited speakers will join us for the whole weekend giving opportunity for extended conversations as we relax together over meals.

There is space to walk and ponder, kick a ball or relax by the open fire.

ACCOMMODATION

Accommodation is in different buildings – of between 4 and 9 bedrooms.

There are single, couple and family rooms, including some with fully accessible bedrooms/bathrooms. You don’t share a bedroom with someone outside your family but all bathrooms are shared.

Meals are provided, but the accommodation blocks also have their own kitchens (tea and coffee making facilities/fridge, stove etc) and decent size living areas, including dining, lounge with TV and large covered decks. There is space to spread out and relax.

CHILDCARE/SUPPORT

Childcare will be provided for all formal sessions, and we will negotiate with families about support arrangements for older (teenage and adult members) with disability.

Music, art and outdoor activities will be offered.

BACKGROUND TO THE EVENT

This event is a **family leadership event**; it will gather family members (mothers, fathers, sisters, brothers, aunts, uncles etc) from across Queensland in order to strengthen and connect families so they might be a collective force for change.

You don’t have to call yourself a leader! If you have a real desire for your family member and other people with disability to live a rich, meaningful life – and you want to find out how you can develop your knowledge and skills to achieve this— we hope you will attend.

ASSISTANCE TO ATTEND

Assistance with travel and other expenses is available for people from regional communities.

The costs of the weekend and the provision of the accommodation is heavily subsidised, but you can also apply for assistance (with travel or other expenses) through the expression of interest process.

Presenters will include:



Deb Rouget

Deb Rouget is the current CEO of Belonging Matters, a small Victorian organisation which works to enable individuals with a disability to enjoy a fulfilling life that is well embedded in community, contribution, relationship, equality and citizenship.

Deb has spent over 30 years supporting adults with disability and their families and wants to foster approaches that leave people and their families with greater control over their lives and guard against isolation and segregation.

Deb's work at Belonging Matters builds capacity and leadership by people and their families, and contributes to the development of various grass roots collectives that are governed by the people and families who use them.

Action without vision is only passing time, vision without action is merely day dreaming, but vision with action can change the world.

Nelson Mandela



Toni Reeves

Toni Reeves is a parent and community worker from Wodonga. Toni has a background in social work and education and more than 20 years' experience in the community services and health industry, with roles as community development practitioner, lecturer, researcher, organisational learning and development consultant, a company director, and as a manager in non-government organisations.

She is currently a board member for Belonging Matters and the Manager of Community Inclusion for Gateway Health. Toni is a passionate advocate for the benefits of real and meaningful inclusion – which has also been lived throughout their journey as a family.

Toni's son was fully included through his school years and Toni is now building on that experience to plan a rich adult life.



Marlana Katene

Marlana Katene lives on the Gold Coast and is a young leader who inspires others by living an enviable life as a journalist, business owner, world traveller, author and presenter.

As well as running a successful business, she has built up an extensive portfolio of interviews with a particular focus on musicians and entertainers. A passionate disability advocate, she has travelled extensively throughout the world and Australia to promote an inclusive and positive life for all people with a disability, regardless of limitations presented by impairment.



Lisa Bridle

Lisa works at CRU as Senior Consultant in leadership development. She is the mother of 3, including Sean who is a wonderful young man who has been developing a rich and exciting life after school.

Lisa has been involved in a number of parent support and advocacy organisations, and has a particular interest in challenging systems and thinking which exclude and limit people's lives. She has a keen interest in inclusive education and bioethical issues affecting people with disability.

Presenters will include:



Jeremy Ward

Jeremy is a parent whose eldest daughter lived with disability and required support to live in her own home, which she did successfully for over 10 years. His older sister also lived with a significant disability all her life. Jeremy has many years' experience in disability advocacy, in the law as it relates to people with disabilities, and in assisting families to plan for the future. Jeremy established Pave the Way at Mamre Association Inc in Brisbane in 2002, where he worked in various roles until July 2012.



Margaret Ward

Margaret Ward is currently a researcher at the School of Human Services and Social Work, Griffith University in Brisbane, Australia. Marg is the mother of three adult children (one of whom lived with disability) and with her husband, Jeremy, and their wider network was intentional and creative in building a rich, meaningful life for her daughter. Her voluntary roles have focused on leading positive change for people with disability, and she has had a varied career as a policy writer, service provider and advocate in the areas of social inclusion, housing and disability.



Margaret Rodgers

Margaret has enjoyed working with people with a disability and their families for over 30 years. Marg has been Director/CEO of CRU since 2009, and previous roles at CRU included 3 years in Leadership Development.

Marg also has many years of experience in family support. In recent years she co-ordinated the Building of Informal Networks project with the Mamre Association where Circles of support were used as a key strategy to assist adults move into homes of their own.

HOW TO APPLY TO ATTEND:

There is an expression of interest process to attend. Apply by Fri 24 June.

The EOI process helps us ensure the event is a good match for participants. It also helps with logistics (room allocations and the children's program) and determining what we can offer in relation to requests for assistance.

Online registration and payment processing will follow allocation of places.

SPACES ARE LIMITED SO EARLY SUBMISSION OF THE ATTACHED EOI FORM IS ENCOURAGED.

Please contact Lisa Bridle at CRU (lisabridle@cru.org.au) to find out more about the event or to discuss any concern/barrier to attending.

Tell your friends and encourage them to attend! We hope to see you in July at Boonah.