



Community
Resource
Unit Ltd.

Expanding Ideas; Creating Change

Face to Face event



Responding Well to People with “Challenging Behaviour” and its Messages



9.30am – 4pm | Thurs 12 March 2026



Bowen Neighbourhood Centre

34-40 Gregory Street, Bowen



Description

This workshop encourages participants to understand more about the situations in which people with “challenging behaviour” find themselves and explores how to best respond to support your person.

Presenter **Ann Greer** explores how to develop strategies *with* the person, so that they can better understand their motivations, effects and consequences of their behaviour.

The workshop will involve information sharing, practical tips & strategies and learning through stories.

Topics covered will include:

- Defining and describing “challenging behaviour”
- Communication and its role in behaviour
- Practical tips for making a start
- Understanding our part in the behaviour of others.

Who Should Attend?

Anyone supporting a person labelled as “challenging” – whether as a parent, family member, friend, or a work role.

Tickets

 \$10-\$50 People with Disability & Family Members
\$150 Workers, friends and allies

RSVP: Thurs 26 February 2026

Registrations Essential



For more details & tickets visit
www.cru.org.au/events/upcoming-events/

Please contact CRU if there is anything we can do to help you to attend this event.

Contact us: 07 3844 2211 cru@cru.org.au

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