



Community  
Resource  
Unit Ltd.

Expanding Ideas; Creating Change



Face to Face workshop



# Advocacy for people with disabilities and their families.

Find your voice, hold your ground.



**9.30am – 2.45pm Wed 11 March 2026**



**Townsville RSL**

139 Charters Towers Road, Hermit Park



## Description

Often people with disabilities or families must become advocates when a person with disability faces rejection, discrimination or low expectations. 'Find your voice' to advocate for yourself or your family member, as you learn from presenters with personal and professional experience in advocating for people with disability.

This workshop is for people with disability, family members, close friends and allies who take up an unpaid advocacy role for an individual. This workshop is not intended for workers.

### This workshop will help you with:

- Principles of advocacy to guide your thinking.
- Strategies for advocacy to guide your actions.
- Identifying pitfalls and barriers.
- Becoming more effective in influencing what happens in your life, or for your family member.
- How to stay focused on your best interests, or those of your family member.



## Tickets

\$10-\$50 People with disability and family members.

**RSVP:** Tuesday 3 March 2026

Registrations essential



For more details & tickets visit

[www.cru.org.au/events/  
upcoming-events](http://www.cru.org.au/events/upcoming-events)

Contact CRU if we can assist you to attend this event.

Contact us: 07 3844 2211 [cru@cru.org.au](mailto:cru@cru.org.au)

This event is supported by funding from the  
Australian Government Department of Health, Disability and Ageing.

