# Find Your Voice, Hold Your Ground

## **An introduction to the principles and strategies of advocacy for people with disability and their families.**

### **Date and time symbol9.30am – 2.30pm** | Thurs 23 Oct, 2025

### Location symbolBurke & Wills Hotel

### 554 Ruthven Street, Toowoomba

### *Information symbol*Description

Unfortunately people with disability are denied opportunities and need to speak up, or have people to speak up for them to get a fair go. Often, families must become advocates because their family member faces rejection, discrimination or low expectations.

This workshop will help people with disability and family members to “find their voice”, stand their ground, and become more effective in influencing what happens in their life, or for their family member.

This workshop is for people with disability and family members, or close friends or allies who take up an unpaid advocacy role for an individual. It is not suitable for workers.

This workshop covers similar material to *The Meaning of Advocacy* workshop previously offered by CRU.

Tickets

\*$50 people with disability and family members.

\*This event is partly subsidised by the Commonwealth Government. If cost is a barrier to attending, please contact CRU to discuss.

RSVP: Thursday 16 Oct 2025

Registrations essential



For more details & tickets visit [www.cru.org.au](https://communityresourceunit.sharepoint.com/Programs/Program/Fee%20For%20Service/Admin/Archive/CRU%20Event%20Flyer%20Template/www.cru.org.au)/events/

Please contact CRU if there is anything we can do to assist you to attend this event.