# **Responding Well to People with 'Challenging Behaviours'**

With Ann Greer

Friday 24<sup>th</sup> May 2019 Brisbane

# About the Workshop:

Participants will be encouraged to understand more about the situations in which people with 'challenging behaviour' find themselves and to explore how they can best respond to support the person. Ann will cover ways to develop strategies with the person, so that, regardless of the level of their disability, they can better understand the motivations, effects and consequences of their behaviour. This workshop will involve information sharing, practical tips and strategies and learning through stories. It will not provide a recipe to 'fix' the person.

### About the presenters:



#### **Topics Include:**

- Defining and describing challenging behaviour
- Communication and its role in behaviour
- Understanding our part in the behaviour of others
- Practical tips for 'making a start'

Ann Greer has over fifteen years' professional experience working with people whose behaviours are seen as challenging. As well as drawing on the teachings of Donnellan, LaVigna and Willis, most of her learning and understandings have come from her greatest teachers, people with disabilities themselves. Ann works with Community Connection Inc. in Townsville to develop creative options for people with disabilities and their families to understand what's possible in making a good life. Ann is the mother of three adults, two of whom live with disability.



## Who should attend?

This workshop will be of interest to anyone supporting a person labelled as challenging – whether as a parent, family member, friend, or in a work role.

| Date:                     | Friday 24 <sup>th</sup> May 2019  |
|---------------------------|---|
| Time:                     | <b>9:30am – 4:00pm</b><br>Registration from 9am   |
| Venue:                    | QId Baptist Centre,<br>53 Prospect Road,<br>Gaythorne                                     |
| Cost:                     | <ul><li>\$150 Full Fee</li><li>\$65 People with a disability and family members</li></ul> |
| RSVP:                     | Thursday 9 <sup>th</sup> May  |
| Register via CRU website: |   |
| www.cru.org.au/events     |   |

To view CRU's cancellation policy please visit this link – http://cru.org.au/about/policies/#cancellation



Ann will be joined by **Rodney Mills** who for many years was put in the 'too hard basket' because he was exhibiting 'challenging behaviours' on an almost daily basis. Rodney will share insights about living with autism and OCD and how he has gradually built a meaningful life where he is no longer defined by these labels and by 'behaviour'. Today Rodney is a teacher and trainer, has worked for 10 years in a paid job at the organisation that used to support him, and is now running his own business presenting to the community.



Expanding Ideas; Creating Change

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For self-managing and plan-managed NDIS participants, see the Learning Objectives on the event's page. You can decide if this is a reasonable and necessary support to help you (or your family member) achieve your goals.