

Making the Most of Change

Managing Your Supports

Tues 26th February OR Wed 27th March 2019

Brisbane - Queensland



www.cru.org.au

About the workshop: *Managing Your Supports*

What does it mean to direct and manage your own supports?

For people interested in self-management, this workshop draws on experience and wisdom from families already self-managing. Look at ways to both manage and direct the support needed to sustain a good life, including recruiting the right staff for the role.

This is one of a series of workshops developed for CRU's NDIS Participant Readiness work. It will assist people to think creatively about supports and build an understanding of some of the nitty-gritty of self-direction and self-management under the NDIS.

Who should attend?

This workshop is for people with disability, their families and supporters. Workers are most welcome to attend and learn from an individual and family perspective about managing and directing supports both unfunded and paid.

About the Presenter



Catherine Laherty works at CRU as a Consultant, for the last three years focussing on CRU's NDIS Participant Readiness work.

She has presented many of CRU's NDIS workshops across Queensland, assisting people with disability and families to prepare for the change to the new scheme and to explore what may be possible.

Catherine is a sister to three brothers, one of whom has a disability.

Related workshop on Self-Direction

CRU is holding a workshop in Brisbane on 12th March called "**Seven Steps to Self-Direction: Building right relationship between service users, families & support workers**". These events will be complementary, with some overlap, however Managing Your Supports will have a greater NDIS focus. You can find more information about "Seven Steps to Self-Direction" on the CRU website.

2 Sessions

Daytime

DATE: Tues 26th February
TIME: 10.00am - 1.00pm
Registration 9.30am
RSVP: 19th February

OR

Evening

DATE: Wed 27th March
TIME: 6.00pm - 9.00pm
Registration 5:30pm
RSVP: 18th March

VENUE: CRU Office
Level 2/43 Peel St
South Brisbane

COST: \$35 People with a disability & family members
\$75 Full fee

Register via the link:

[Daytime session 26th February](#)

[Evening session 27th March](#)

Cancellations:

To view CRU's cancellation policy please visit this link:

<http://cru.org.au/about/policies/#cancellation>

CRU has some capacity to reduce registration fees. Contact CRU for more information.



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For self-managing and plan-managed NDIS participants, see the Learning Objectives on the event's page. You can decide if this is a reasonable and necessary support to help you (or your family member) achieve your goals.