



WRITING A VISION STATEMENT

An Exercise:

A vision document capturing long-term hopes and dreams can be a powerful tool for sharing long-term goals and achieving that vision. Family members may hold this vision until the person for whom the vision is centred around can claim it for themselves.

Some Questions to Consider:

- What do you think a full and meaningful life for your family member would look like?
- Think about your family members' gifts and passions. How will these gifts and passions be reflected in their life and your vision for them?
- What would be typical, ordinary, and valued for a person their age? Does your vision reflect an ordinary and inclusive life?
- What is precious or important to you as a family? What do you need to communicate with others about what matters to you as a family?
- Finally, take time to consider a full and ambitious vision for your loved one. Try to really picture this future in your mind. What do you see and hope for, and how does it feel?
- It might also help to consider writing down what you don't want for _____ in their future (i.e., group living/ exploitation, isolation, neglect/ uncaring support staff).



Now write down your vision statement so you can tell others:

Please keep it simple, so family and friends can easily understand your meaning.



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