

# An Evening Discussion for Families

## Valued Roles: How do we navigate through points of change?

Monday 3<sup>rd</sup> November 2014



[www.cru.org.au](http://www.cru.org.au)

### Is your family member moving:

- from kindy to school?
- from primary to high school?
- from school to study or work?
- from the family home to his or her own home?

Do you want to find out how to successfully handle the transition?

Transition points are very important and even smaller transitions can be both exciting and anxiety provoking.

Changes in roles are part and parcel of transition, but people with disability can be particularly vulnerable at such times to acquiring negative roles or losing valued roles.

This evening session complements a one day workshop being presented by Jane on **Friday 10<sup>th</sup> October** called 'Bringing the Good Life to LIFE'. Attendance at both events is encouraged but not essential.



Families often find they need to look well-ahead in order to prepare and plan for transitions.

This session will explore how paying attention to valued roles can help. Strategies to support a family member through change and how we can build and protect valued roles will be explored.

There will be input from Jane, and opportunities for discussion.

### About the presenter

**Jane Sherwin** is a Queensland-based consultant who has been involved in the lives of people with disabilities since the late 1970s. Jane has been involved in social change efforts since the early 1990s. Prior to this, she worked as an occupational therapist, manager and lecturer. Jane is a Senior Social Role Valorisation (SRV) Trainer. These sessions draw on SRV

### Who should attend?

This evening discussion is for family members (parents, brothers and sisters, other family members, close friends) This session will be valuable for families at all stages, but particularly those at any point of transition.

**Dates:** Mon 3<sup>rd</sup> Nov 2014

**Time:** 6.15 pm – 8.30pm

**Venue:** CRU Office  
Level 2, 43 Peel St  
South Brisbane

**Cost:** \$20 each session  
(light meal provided from 5.45pm)

Session will commence promptly at 6.15pm

**RSVP:** Friday 24 Oct

Register via Eventbrite link:  
[communityresourceunit.  
eventbrite.com.au/](http://communityresourceunit.eventbrite.com.au/)



Expanding Ideas; Creating Change

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